TO DO LIST 2020...

- Try out a PeRec Fitness Center. There are two!
- Dress up as a Super Hero... And DANCE! pg11
- Go to Morton Mountain SLED SKATE
- Help spring clean a PARK pg12
- Build a SNOWMAN. Take a pic & enter Parks & Rec Contest
- Learn to SAVE A LIFE pg20
- Take up running. GET UP & GO Kid’s Healthy Running Series 5K-10K-15K Walk & Run pg14

PLAY B.I.N.G.O!

- Make my VALENTINE-a-VALENTINE pg11
- I’m going on an Egg Hunt pg12
- Hit lots of GARAGE SALES! in Romeo Washington Bruce
- Join a CLUB, play a GAME, meet NEW friends!
- Travel Travel Travel! pg9

PARKS &
ROMEO-WASHINGTON-BRUCEREC

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1 Year & 6 Month Memberships
Non Residents add an additional $20 to fee

18 - 59 yrs
1 yr $ 240.00
6 Mo $140.00

Youth
1 yr $ 140.00
6 Mo N/A

60 yrs & up
1 yr $ 75.00
6 Mo N/A

Daily DROP IN & 10 Visit Pass
18 - 59 yrs
Drop-in $ 3.00
10 Visit $ 24.00
Youth $ 2.00

60 yrs & up and Disabled
Drop-in $ 1.00
10 Visit $ 8.00

$159.95
For up To 10 People

1 Membership = 2 Locations to workout at!

- Romeo Community Center
  361 Morton St., Romeo

- Washington Twp. Hall
  57880 Van Dyke Rd., Washington
  (586) 752-6543 ex4

 Registration Deadlines are always 1 week prior to class start date, unless noted. Other Policies on Page 43
Delivering traditional medicine in a non-traditional way.

Campground Pediatrics Wellness Center
60005 Campground Road
Suite 100
Washington Twp, MI
586.232.5355
NOW OPEN AND ACCEPTING NEW PATIENTS

- Living room decor and feel in all rooms
- Convenient and easy scheduling
- 24 hour access to our providers
- Wellness center inside of our building

Find us on Facebook
www.campgroundpeds.com
**BABY IT’S COLD Outside!**

If you know someone, or run into a situation where a person or persons are...

**COLD & IN NEED OF SHELTER**

Make a call and let us know...

Main Contact: Romeo Police Department
586.752.3587

**ROMEO C.A.R.E.S.**

A group of local churches formed to help provide EMERGENCY SHELTER.

---

**COMMUNITY INFO**

- **Agape Center (St. Clements of Romeo)**  (586) 336-6842
- **Bereaved Parents** Macomb
  - 1st Thurs  7-9pm Wash Twp Hall  Kerry  (248) 425-2999
- **Boys & Girls Club**  (248) 544-4166
- **Boy Scouts** Romeo: scouttroop87.webs.com  (586) 752-7834
  - Washington: washingtontownship256.mytroop.us  (248) 860-6958
- **Divorce Support Group** Rodney  (586) 566-7582
  - www.divorcedcare.org
- **Downtown Dev. Authority**  (586) 752-1170
- **Girl Scouts** (586) 263-0220 Local
- **Goodfellows**  (586) 336-9640
- **Grief Support Group** 4th Thur  7 pm at Romeo Comm. Center - Henry Malburg Funeral Home
- **Kiwanis** Wed 12:15 pm at Pamela’s Catering  (586) 354-0788
- **Masonic Temple**  (586) 752-2822
- **Meals on Wheels**  (586) 469-5228
- **MiCM - WBRW Channel 6**  (586) 697-5344
- **MITT TV**  (586) 232-9121
- **Octagon House**  (586) 781-0084
- **Romeo Community Schools**  (586) 752-0200
- **Romeo District Libraries**  (586) 752-0603
- **Romeo Historical Society**  (586) 752-4111
- **Romeo Lions Club**  (586) 752-2553
- **Romeo MRP** Carol  (586) 752-2682
- **Romeo Rotary Club**  Bill  (586) 752-3819
- **RW Chamber of Commerce**  (586) 752-4436
- **Samaritan House**  (586) 336-9956
- **STAR Transportation**  (586) 752-9010
- **Starkweather Arts Center**  (586) 752-5700
- **Toastmasters Club** Wash Hall  Kim  (586) 993-3286
  - president@confidentcommunicatorsclub.com
  - 1st, 2nd & 3rd Wed  8:15 - 9:30am
- **Washington Historical Society**  (248) 652-2458
- **Washington Lions**  (586) 992-1120  (586) 465-0299 Rental
- **Relay for Life**  May  - www.relayforlife.org
- **St. Baldricks**  March  - www.stbaldricks.com
- **Art & Orchard Run**  2nd Sat June  - ACTIVE.COM
- **Peach Festival**  Labor Day Weekend

---

**COMMUNITY & EVENTS**

- **Peach Festival**
- **Art & Orchard Run**
- **St. Baldricks Relay for Life**
- **Washington Lions**
- **Washington Historical Society**
- **Toastmasters Club**
- **STAR Transportation**
- **Samaritan House**
- **Washington Historical Society**
- **Romeo Community & Washington Twp. Centers**
  - Party rooms, accommodate up to 200. Warm-up kitchen
- **Parks - Pavilions & Gazebo**
  - Details (586)752-6543 ext 2
  - Some are first come first serve.
  - Washington, Bruce & the RVP Gazebo need reservations.
- **Picnic Playground Sport Bags**
  - Free Sponsored in part by Romeo Kiwanis $25 deposit
- **Ball Field & Soccer Field Reservations**
  - Lynne Parks & Rec  (586) 752-6543 ex1412 ex1404

---

**COMMUNITY SERVICES**

- **STAR TRANSPORTATION**  (586) 752-9010
  - FREE Transportation for seniors 60+ and individuals with disabilities. Call & reserve by Noon at least 2 days prior
- **NUTRITION PROGRAM**  (586) 752-6543 ext 2
  - Daily Lunch Program Mon-Fri at the Romeo Center
  - MEALS ON WHEELS  (586) 469-5228
    - For program information or to volunteer to help deliver.
- **MACOMB COUNTY SERVICES**  (586) 469-5228
  - SEE PAGE 22 - ADDITIONAL SERVICES

---

**VILLAGES OF ROMEO**

- **121 W. St. Clair, Romeo, MI 48065**
  - 752-3565 phone  752-5205 fax  M-F 9-5 pm
  - villageofromeo@yahoo.com  www.villageofromeo.org
  - Meetings 3rd Mon  7:00 pm Romeo Community Center

---

**WASHINGTON TOWNSHIP**

- **57900 Van Dyke, Washington, MI 48094**
  - Phone: (586) 786-0010  www.washingtontownship.org
  - Meetings 1st & 3rd Wed  7:00 pm Wash. Twp. Hall

---

**BRUCE TOWNSHIP**

- **223 E. Gates St., Romeo, MI 48065**  (586) 752-4585
  - www.bucetwp.org  Mon-Fri  8:30 am to 4:30 pm
  - Board Meetings: 3rd Wed  7:00 pm Bruce Twp. Hall

---

**RENTALS - PERMITS**

- Romeo Community & Washington Twp. Centers
  - Party rooms, accommodate up to 200. Warm-up kitchen
- Parks - Pavilions & Gazebo
  - Details (586)752-6543 ext 2
  - Some are first come first serve.
  - Washington, Bruce & the RVP Gazebo need reservations.
- Picnic Playground Sport Bags (3800)
  - Free Sponsored in part by Romeo Kiwanis $25 deposit
- Ball Field & Soccer Field Reservations
  - Lynne Parks & Rec  (586) 752-6543 ex1412 ex1404

---

**IMPORTANT SENIOR SERVICES**

- **STAR TRANSPORTATION**  (586) 752-9010
  - FREE Transportation for seniors 60+ and individuals with disabilities. Call & reserve by Noon at least 2 days prior
- **NUTRITION PROGRAM**  (586) 752-6543 ext 2
  - Daily Lunch Program Mon-Fri at the Romeo Center
- **MEALS ON WHEELS**  (586) 469-5228
  - For program information or to volunteer to help deliver.
- **MACOMB COUNTY SERVICES**  (586) 469-5228
  - SEE PAGE 22 - ADDITIONAL SERVICES

---

**COME WARM UP…**

- Need some HEAT, Friendly Faces & Hot Coffee

  - **Romeo Senior Center**
    - M-F  8:00 - 3:00 pm
  - **Washington Senior Center**
    - M-F  8:00 - 4:00 pm
PARKS & FACILITIES

Amanda Moore Elementary
Playground
3 Ball Fields
Soccer Practice Area

Bruce Twp. Hall & Park
Playground
Walking Trail
3 Disk Golf Baskets
Soccer Fields (by Permit)
Pavilion

Community Center
Parks & Recreation
STAR Activity Center
Fitness Center
Playground
Pavilion
2 Football Fields
Sled Hill & Ice Rink
Skate Park
Basketball Court
4 Ball Fields
Volleyball Court

Croswell Elementary
5 Ball Fields
Playgrounds
Soccer Practice Areas

Crystal Diamonds
3 Ball Fields
Soccer Fields (by Permit)

Gilcher-Crisman Park
Playground
Walking Trail
2 Ball Fields
Soccer Fields (by Permit)

Hamilton Parsons Elem
Playground
1 Ball Field
Soccer Practice Area

Hevel Elementary
Playground
2 Ball Fields
Soccer Fields (by Permit)

Indian Hills Elementary
Playground
2 Ball Fields
Soccer Practice Area

Memorial Field
1 Ball Field
Walking Track
School Soccer Field

Orchard Hills Park
Walking Trail
Playground
Basketball Court
Pavilion

Powell Middle School
6 Ball Fields
Soccer Practice Area
School Football/Track

Romeo Lions Club
Peach Fest Fairgrounds
1 Ball Field
Soccer Practice Area

Romeo Village Park
Gazebo

Simpson Park (private)
Soccer Fields

Woodside Bible Church
Soccer Fields

Washington Elementary
Playground
2 Ball Fields
Soccer Practice Area

Washington Lions Club

Washington Hall & Park
Wash Activity Center
Fitness Center
Township Offices
Playground
Tennis & Pickleball Courts
Walking Trail
Pavilion w/Amphitheater
Soccer Fields (by Permit)

Reservations/Permits
586 752-6543
rwbparksrec.org

Wishing everyone at Parks & Recreation another successful season. Thanks for all you do for our communities.

SEBASTIAN “SAM” PREVITI
YOUR TRUSTEE

Preschool - 8th Grade
- Preschool for 3’s and 4’s
- Young 5’s
- 5 Day Kindergarten

Child Care & Latchkey
- Before and After School

www.cross-of-glory.net
- Christian Atmosphere
- Corner of 28 Mile and Campground Rd., Washington
586-781-9870
INTERESTED in placing an Ad in one or all of our brochures?

PARKS & REC
www.romeorentall.com 586.752.6563 russellc@rwbpr.com

GREAT EXPOSURE

To you it’s about making the right choice...To us, it’s personal.

Whether you are looking for someone to help you or a loved one a few hours a week, or need more comprehensive assistance, Home Instead can help.

- Companionship
- Meal Preparation
- Shopping & Errands
- Personal Care
- Light Housekeeping
- Medication Reminders
- Incidental Transportation
- Alzheimer’s Care

Call for a free, no-obligation appointment 586.992.0100
Serving Macomb County

Home Instead
Seniors Care

HomeInstead.com/535

INTERESTED IN VOLUNTEERING
Check out Parks & Rec’s PARK CLEAN UP Page 12

ATHLETIC GROUPS

See next page for additional detailed information

Always Contact groups by information provided below. Parks & Recreation will try to assist you, but we are limited on detailed info. Also, Remember these groups are VOLUNTEER ran associations, so it may take a little time for them to get back to you, but they WILL!

BASEBALL:
WAAA - Washington Area Baseball
waaabaseball.com

SOFTBALL:
Romeo Girls Softball
REGISTRATION Online only now!
www.romeogirlssoftball.com

FOOTBALL:
MICHIGAN YOUTH FLAG FOOTBALL
Recreational flag league ran in cooperation with RWB Parks & Recreation - Spring & Fall Leagues
Register at: www.michiganflagfootball.com
(248) 454-9700

Romeo Jr. Bulldog Football & Cheerleading
Tackle & Flag www.eteamz.com/juniorbulldogs
Games played in Rochester

SOCCER:
AYSO American Youth Soccer Organization
Rec. league. Ages 3-18
Gilcher-Crisman 29 Mile/Mound
www.AYSO880.org

NMCYS North Macomb Community Youth Soccer
Rec. league; No Travel, No Tryouts Ages 3-16 yrs
Games NOW played at Bruce Twp. Park - 223 E. Gates St.
www.nmcyss.org Chris Newby (586) 615-9982

ADULT: Macomb Soccer Organization
For info & to register. (586) 854-7310 www.chaosfc.us

Reservations/Permits
Lynne Walker
586 752-6543 ext 1412
rwbparksrec.org

Stay Informed from us... Sign up w/ NIXLE.com
2020 Player Registration
Begins in January

Romeo Girls Softball
REGISTRATION
is now done all online go to:
romeogirlssoftball.com

Watch for detailed information fliers coming through the school.

Contact email:
romeogirlssoftball@gmail.com

AYSO 880
Youth Soccer
Boys & Girls Ages 3yrs – 14U

REGISTER NOW!
at
www.ayso880.org

PLAYTIME ADVENTURE
NEW! For 3 year olds
Develop gross motor skills in preparation for soccer
One season only $70 for 6 sessions
*Practices and Games at Gilcher Park
29 Mile Road, between Mound and Campground
* Except 10U - 14U
Questions? Email us at registrar.ayso880@gmail.com

Kids Soccer Registration
Ages 3 to 19 Boys and Girls
Recreational ★ Travel★ Special Needs
is FREE call us!

U14 and U19 TEAMS!
Under 4 thru Under 12 Teams!

Everybody Plays!
★ ★
All games for ages 3 to 12 in Romeo in one location!
Paid Referees
for all games U8 thru U19!

www.NMCYS.org
586.615.9982
Online Registration
Check, Cash, or Credit Card
Location Registration
Parks & Rec Romeo
361 Morton Romeo MI 48065
During Office Hours 8:30am to 4:30pm
Cost Per Player $80.00
Includes: Shirt Short Socks Trophy Patches

We remember what its all about...the kids.
**COMMUNITY RESOURCES:**

- **Challenger Baseball:**
  - Marilyn (586) 781-5547  www.eteamz.com/cvllchallenger
- **Sterling Heights Special Recreation:**
  - www.myshpr.net
- **Shelby Twp. Parks & Rec:**
  - www.shelbytwp.org/depart
- **Disability Network:** (586) 268-4160

---

**Adaptive Recreation Programs**

**Supervisor:** Grace Venet (586) 752-6543  venetg@rwbpr.com

**NOTE:** NO NON-RESIDENT FEES WILL BE CHARGED. SORRY, NO SENIOR 60+ DISCOUNTS APPLY.

**MISSION:** To provide a variety of recreational & social opportunities for individuals with special needs, their families and caregivers. We have, and continue to develop, a variety of programs specifically for special needs persons. Call or email Grace with questions about programs or mainstreaming into existing programs, and to be added to our mail list.

_A BIG THANK YOU TO THE KNIGHTS OF COLUMBUS FOR THEIR SUPPORT!

---

**Adaptive Rec: Friday DANCE PARTIES**

**Sponsored by:** Knights of Columbus, Debra Lux-Roland & Romeo Wendy’s.

Themed dance parties for young adults & adults with special needs. DJ music, dance and socialize. Caregiver must stay. No registration needed, pay at door. No fee for caregiver. Snack included. Pizza/pop for purchase. ($1 pop; $1 slice of pizza)

**Fri, Feb 21**  **Be My Valentine!**
**Fri, Apr 17**  **Spring is in the Air!**
**Fri, May 15**  **Country Jamboree**

(4300) $4 at Door; No charge for caregiver  6:00 - 8:00 pm
Washington Municipal Bldg, 57900 Van Dyke, N of 26 Mile Rd.

---

**Adaptive Rec: Virtual Sports Experience**

**Facilitator:** Shawn Kungel, Golf Pro

Premier Sports, 23 mile & Hayes has a cool virtual sports simulator room and we can play! Visit includes play, watching others play and a drink. Shawn will introduce you to the equipment and all the different games! Caregiver must stay. Limited to 12 participants

(4321) Fri, Mar 13  10:00 - 11:30 am  $6
Premier Sports, 14901 23 Mile Rd. Entrance & Parking in back

---

**Adaptive Rec: Drop In Bowling**

**ROMEO ROLLERS**

**Sponsored by:** Summit Bowling & Knights of Columbus

A weekly, drop in bowling league for people with disabilities and for all ages. Includes 3 games, shoe/ball rental, 2 slices of pizza & pop. Caregiver must stay & can bowl at same rate. Family/friends can play too! No instruction, recreational only. Register at P&R; pay at Summit weekly.

(4302) Thurs, Jan 9 - May 21  4:00 - 5:30 pm
Summit Bowling  $5 per day at door
66600 Van Dyke, Washington 48094 (N of 30 Mile Rd)

---

**Adaptive Rec: BASKETBALL SKILLS**

An hour of basketball skills and play especially designed for teens and adults. Caregiver must stay. Ages 12 & up.

Call 752.6543 to be put on information contact list.
**Travel Notes:**
- Funded in part by SMART Community Credits
- Trips are all NON REFUNDABLE unless trip insurance is purchased (not available on all trips)
- Be aware of TRIP REGISTRATION DEADLINES
- Deluxe motor coaches are used, unless otherwise noted
- DETAILED FLYERS and information is available at our centers and on our website: [www.rwbparksrec.org](http://www.rwbparksrec.org)
- (* ) Non Resident Fees apply

*Flyer information supersedes any typographical errors in brochure.*

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**DAY & EXTENDED TRAVEL**

For details please contact: Jan (586) 752-6543 ext 1268

*(office located in Washington Center)*

### DAY TRIPS

<table>
<thead>
<tr>
<th>Day</th>
<th>Trip Description</th>
<th>Cost</th>
<th>Trip#</th>
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<tbody>
<tr>
<td>Thur, Dec 19</td>
<td>DIA “Making Luminaries”</td>
<td>$4</td>
<td>9525</td>
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<tr>
<td>Mon, Jan 27</td>
<td>Greektown Casino</td>
<td>$25*</td>
<td>9513</td>
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<tr>
<td>Sat, Feb 22</td>
<td>Kalahari Waterpark</td>
<td>$63*</td>
<td>9509</td>
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<tr>
<td>Sat, Feb 15</td>
<td>Purple Rose “Roadsigns”</td>
<td>$79*</td>
<td>9541</td>
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<td>Sun, Mar 15</td>
<td>Fisher “Fiddler on the Roof”</td>
<td>$77*</td>
<td>9503</td>
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<tr>
<td>Sat, Apr 25</td>
<td>Music Hall “Color Purple”</td>
<td>$105*</td>
<td>9505</td>
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<td>Sat, Jun 20</td>
<td>PRT “Walk Around The Table”</td>
<td>$76*</td>
<td>9543</td>
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<tr>
<td>Thur, Jun 25</td>
<td>African Lion Safari</td>
<td>$149</td>
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<td>Thur, Sep 24</td>
<td>Cornwall Dinner Theater</td>
<td>$89</td>
<td>9507</td>
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</table>

Frequently visit our website or stop by either center for updates on new trips! [rwbparksrec.org](http://www.rwbparksrec.org)

### EXTENDED TRIPS

Based on Double Occupancy

<table>
<thead>
<tr>
<th>Date</th>
<th>Trip Description</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Feb 2-11</td>
<td>Classical Greece</td>
<td>$3,199</td>
<td>9564</td>
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<td>Mar 14-22</td>
<td>French Riviera</td>
<td>$3,199</td>
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<td>Apr 5-6</td>
<td>Soaring Eagle/Flea Market</td>
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<td>Apr 17-19</td>
<td>Thunder over Louisville</td>
<td>$799</td>
<td>9607</td>
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<td>Apr 21-29</td>
<td>Tulip River Cruise - Europe</td>
<td>$4,499</td>
<td>9663</td>
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<td>Apr 29-May 8</td>
<td>Ireland</td>
<td>$3,799</td>
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<td>July 3-8</td>
<td>NYC Fireworks Extravaganza</td>
<td>$1,999</td>
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<td>July 10-18</td>
<td>Norway</td>
<td>$4,749</td>
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<td>Aug 17-20</td>
<td>Mississippi River Cruise</td>
<td>$999</td>
<td>9609</td>
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<tr>
<td>Sept 2-11</td>
<td>Italy</td>
<td>$4,649</td>
<td>9600</td>
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<tr>
<td>Sept 13-17</td>
<td>Smoky Mountain Grandeur</td>
<td>$729</td>
<td>9612</td>
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<td>Sept 20-27</td>
<td>Cape Cod, Nantucket &amp; more</td>
<td>$1,999</td>
<td>9611</td>
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<tr>
<td>Sept 26-Oct 2</td>
<td>Montreal, Quebec &amp; Ottawa</td>
<td>$810*</td>
<td>9630</td>
</tr>
</tbody>
</table>

( * ) Non-resident fees apply for these marked trips 586.752.6543

---

**GIFT CERTIFICATES**

Trip Tickets make GREAT GIFTS!

---

**Montreal, Quebec & Ottawa**

A Diamond Tours trip

Your tour includes: roundtrip motor coach transportation, 6 nights lodging including 5 consecutive nights in Canada, 11 meals, guided tours of Montreal, Quebec City, and Ottawa's Parliament Hill, a St. Lawrence River cruise, admission to the world famous Montreal Tower, a visit to Notre Dame Basilica, a visit to Montreal's Underground City and Ottawa's Parliament Hill and more!

*NOTE: YOU MUST HAVE A VALID U.S. PASSPORT OR PASSPORT CARD TO PARTICIPATE IN TRIP. Filling up fast!*  
(9630) Sat, Sept 26 - Fri, Oct 2  
$810 NR $820
Morton Mountain Sledding & Skating
PARTY DAY!
Music, sledding, cocoa & snacks. No snow - Sorry, No party!
Call for conditions (586) 752-6543 ext 6
(4709) Sat, Feb 1 12:00 - 2:00 pm
Romeo Community Center  No Charge

SLED HILL
Morton Mountain is ready!  Grab the family, sleds & warm clothes.  Sled at your own risk.  Adult supervision suggested.

ICE RINK
Our community Ice Rink will be located at the Romeo Community Center.  The rink will be maintained, but a shovel will be left for those in between times for you to use.
Call for conditions (586) 752-6543 ext 2.  Please follow posted rules; parent supervision highly recommended. Enjoy at your own risk.

THE RWB PARKS & RECREATION
2020 PHOTO CONTEST
♦ All pictures sizes welcome ♦
Show off your photography skills and your people!!
We will be having an ongoing Photo Contest during 2020.  We are looking for FUN & great pictures of Romeo-Washington-Bruce Parks & Recreation that involve our programs, events, parks & participants.
Winner’s will be chosen each season and prizes awarded.  Our hope is to use them in our brochure, on our website, Facebook and in our facilities.
Please email entries to:  peakes@rwbpr.com or drop them by our main office, 361 Morton St.

“SUPER” Splash Bashes
Jump off the diving board or have fun & float on a tube.  If under 48” child must be accompanied by adult.  Aqua diapers/plastic pants must be worn if not trained.  MUSIC & STROBE LIGHTS

SOME EXCITING NEWS...
Some GREAT changes and updates are planned for the RCS Pool!  Renovations will begin in March, so the pool will be closed and reopen again this Fall.
Friday, Jan 18 & Feb 7 7:30 - 9:00 pm  $3/person at door
RCS Pool 9th Grade Academy (Old High School)

THE RWB PARKS & RECREATION
SPECIAL EVENTS
(586) 752-6543
www.rwbparksrec.org

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Morton Mountain is ready!  Grab the family, sleds & warm clothes.  Sled at your own risk.  Adult supervision suggested.

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AT A GLANCE!
Look at some things happening.....

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE</th>
<th>PAGE</th>
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<tbody>
<tr>
<td>Photo Contest</td>
<td>Dec-Mar 31</td>
<td>10</td>
</tr>
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<td>DIA “Making Luminaries”</td>
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<td>Greektown Casino Trip</td>
<td>Mon, Jan 27</td>
<td>9</td>
</tr>
<tr>
<td>Adult Birthday Bingo</td>
<td>Wed, Jan 29</td>
<td>16</td>
</tr>
<tr>
<td>Morton Mountain Sledding</td>
<td>Sat, Feb 1</td>
<td>10</td>
</tr>
<tr>
<td>Classical Greece Trip</td>
<td>Feb 2-11</td>
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</tr>
<tr>
<td>Valentine Card Making</td>
<td>Sat, Feb 8</td>
<td>11</td>
</tr>
<tr>
<td>Bingo Family Night</td>
<td>Sat, Jan 25</td>
<td>11</td>
</tr>
<tr>
<td>Valentine’s Luncheon</td>
<td>Thur, Feb 13</td>
<td>16</td>
</tr>
<tr>
<td>Purple Rose “Roadsigns”</td>
<td>Sat, Feb 15</td>
<td>9</td>
</tr>
<tr>
<td>Kalahari Water Park</td>
<td>Sat, Feb 22</td>
<td>9</td>
</tr>
<tr>
<td>Adult Birthday Bingo</td>
<td>Wed, Feb 26</td>
<td>16</td>
</tr>
<tr>
<td>Bowling with Woody</td>
<td>Sat, Mar 7</td>
<td>12</td>
</tr>
<tr>
<td>French Riviera</td>
<td>Mar 14-22</td>
<td>9</td>
</tr>
<tr>
<td>Fisher “Fiddler on the Roof”</td>
<td>Sun, Mar 15</td>
<td>9</td>
</tr>
<tr>
<td>Welcome Spring Luncheon</td>
<td>Fri, Mar 20</td>
<td>16</td>
</tr>
<tr>
<td>Adult Birthday Bingo</td>
<td>Wed, Mar 25</td>
<td>16</td>
</tr>
<tr>
<td>Soaring Eagle/Flea Market</td>
<td>Apr 5-6</td>
<td>9</td>
</tr>
<tr>
<td>Easter Egg Hunt</td>
<td>Wed, April 1</td>
<td>12</td>
</tr>
<tr>
<td>RHS S.E.R.V.E Senior Dinner</td>
<td>Wed, April 15</td>
<td>16</td>
</tr>
<tr>
<td>Thunder Over Louisville Trip</td>
<td>Apr 17-29</td>
<td>9</td>
</tr>
<tr>
<td>Healthy Kids Running Series</td>
<td>Sun, April 19</td>
<td>14</td>
</tr>
<tr>
<td>Tulip River Cruise - Europe</td>
<td>Apr 21-29</td>
<td>9</td>
</tr>
<tr>
<td>Big Spring Clean Up Day</td>
<td>Sat, Apr 25</td>
<td>12</td>
</tr>
<tr>
<td>Adult Birthday BINGO</td>
<td>Wed, Apr 29</td>
<td>16</td>
</tr>
<tr>
<td>Ireland Trip</td>
<td>Apr 29-May 8</td>
<td>9</td>
</tr>
<tr>
<td>Mothers Day Tea</td>
<td>Sat, May 9</td>
<td>14</td>
</tr>
<tr>
<td>Senior Fitness Day</td>
<td>Wed, May 27</td>
<td>20</td>
</tr>
<tr>
<td>Summer Kick Off</td>
<td>Sat, Jun 6</td>
<td>14</td>
</tr>
<tr>
<td>Garage Sale Weekend</td>
<td>Th-Sun, Jun 11-14</td>
<td>14</td>
</tr>
<tr>
<td>Art &amp; Orchard’s Walk/Run</td>
<td>Sat, Jun 13</td>
<td>13</td>
</tr>
</tbody>
</table>

REGISTRATION DEADLINES: 1 week prior to start dates, unless otherwise noted.  WAIVER & POLICIES Page 43
**Special Events**

**Valentine Card Making Party**

Make a card for someone special in your life. We’ll have all the supplies, play games and refreshments too. Attendees will receive one Valentine’s day themed stamp. Plus, kids can paint their own canvas art with “Let Art Flow”. Pre registration is helpful. Free Raffles.

(4703) Sat, Feb 8
10:30 am - 12 Noon
Community Center
No Charge

**B. I. N. G. O.**

Family Night
Sponsored by Buffalo Wild Wings
Come on out for some FAMILY FUN at our “Football Themed” BINGO night!
Enjoy food and play lots of BINGO with fun prizes. Pre-Registration is required. Wear your football gear! Under 2 yrs free.

(4701) Sat, Jan 25
6:00 - 8:00 pm
Romeo Community Center
$6 NR $9

**Princess & Super Hero!**

Family Snowball Dance

Calling all kids...

Put on your favorite Princess or Super Hero outfit for a fun evening of music, raffles, dancing & more!!

All The Worlds A Stage will be there with several Disney Princesses and a special appearance from “Miles Morales” Spiderman and Captain America!

Light refreshments and snacks will be served.

Note: adults feel free to dress up as your hero too! Costumes would be fun, but are definitely optional.

Be sure to Register by Fri, Jan 10!

(4714) Sat, Jan 18
6:00 - 7:30 pm
Romeo Community Center

**Remember…** You MUST Pre Register for all Special Events.
We will no longer be able to take registrations at the door. Call 586.752.6543
**Easter Egg Hunt**

RWB Parks & Recreation’s

**EASTER EGG HUNT**

It’s back at **BARNABO STADIUM** this year!

Sponsored by:

**Washington Lion’s Club**

It’s an Easter Celebration with GAMES, CRAFTS, INFLATABLES, EGG HUNT and more!

**Wednesday, April 1**

Begins at 6:00 pm

No Charge

Hunts are divided by age groups

Please arrive on time

**Barnabo Field**

Next to the **NEW High School**

62100 Jewell Rd.

**REMEMBER**

Come dressed for the weather because it’s a go…

RAIN

SHINE or

SNOW!

**Cosmic Bowling with WOODY**

A FUN family event for all ages!

Bumper lanes are available, please make request at registration. Event includes 2 games of bowling, shoes and many chances to win prizes throughout the day. Concessions available for purchase.

Lanes are assigned in advance. All staying must register, but only bowlers pay. No walk-ins please.

**PLEASE NOTE**: A late fee of $3.00 per person if registering after Fri, Feb 21.

(4704) **Sat, Mar 7**

1:00 - 3:30 pm

Summit Sports Center

$10 NR $13

**STAY CONNECTED TO PARKS & REC**

**N I X L E**

To communicate with all our participants about cancellations and program changes we now use the NIXLE communication system.

You can also SIGN UP to receive newsletters about upcoming events if you choose so you don’t miss out,

Just go to the rwbparksrec.org and click on the Nixle link on our home page.

**GIFT CERTIFICATES**

Always Make GREAT Gifts!

**REMEMBER**… You MUST Pre Register for all Special Events.

We will no longer be able to take registrations at the door. Call 586.752.6543
WASHINGTON ART & ORCHARDS
5k, 10k, 15k
RUN & WALK
Sat, June 13th

Register at: www.ACTIVE.com

Run is along the Macomb Orchard Trail
Meet at Washington Twp. Hall
57900 Van Dyke Washington Twp., MI 48094

GET UP AND GO!
HEALTHY KIDS RUNNING SERIES

MACOMB ML SERIES
Hosted by Romeo-Washington-Bruce Parks & Recreation
Washington Township Park
57900 Van Dyke Avenue
Washington, MI 48094
Coming Spring 2019
Sundays, Time TBA

SCORING/DETAILS
• Top placers in each race will receive points based on their finish
• The boy and girl racer with the most points at the series’ completion will win a trophy and prize
• Medals will be awarded to every racer after the last race in the series
• Race Bags will be distributed to all full-series participants

Dear Kids,
Get ready to get up and get outside in 2020.
This 5 week series is a great way to incorporate some fun and exercise into your life.

Love,
Romeo-Washington-Bruce PARKS & RECREATION

PS. Tell your parents we’re looking for parent volunteers if they’re interested.

SPRING SESSION:
Sunday afternoons
Apr 19 - May 17
5Wks

$35 FULL SERIES
PER RACE $10

For more information, please contact
Melanie Westendorf at 586.871.3525 or
hkrsmacomb@gmail.com

Registration Opens Jan. 15, 2019 at
HealthyKidsRunningSeries.org
Please join us for a ‘supercalifragilisticexpialidocious’ Mother’s Day Celebration

Sat, May 9  
(4715) 11:00 am - 1:00 pm

A PROPER TEA
- (3 Courses)
- Unlimited tea
- Scones
- Soup
- Sandwich
- Dessert

Our Special Guest...  Mary Poppins
Come dressed in the theme or put on your very best duds and treat your Mom, Mother, Madre, Ma, Momma to a ‘practically perfect’ afternoon of fun!

$25 adult $17 11yrs & under  NR $28/$20
Pamela’s Catering Center
Limited seating, so register early!

Late Fee $3/ticket, if registering after Fri, April 24th. Sorry, no high chairs available

NEW this Summer...

SUMMER KICKOFF
Saturday, June 6  12 Noon - 3:00 pm  No Charge
Romeo Community Center Parking Lot
361 Morton St. Romeo 48065

Join us for this FREE fun and educational event as we celebrate the beginning of Summer.
This event will include Bike Safety Workshop courtesy of Main Street Bicycles, Blood Pressure Screening/Health Lifestyle best practiced courtesy of Henry Ford Macomb, Inflatables, Entertainment, Kid to Kid Sale, and SO much more.

(4707) Registration is only required for kids selling in the Kid to Kid sale to reserve space.

THANK YOU to our Sponsors!
Call us or keep your eye out for more details on events partnerships and offerings.

www.rwbparksrec.org
(586) 752-6543

SPECIAL EVENTS

Garage Sale Weekend
Yard Sales and Antiques Everywhere!

- Village of Romeo
- Washington Township
- Bruce Township
The Annual Village Wide Garage & Antique Sale is a staple everyone looks forward to!
Sales begin Thursday and end Sunday. Shop or Sell, mark your calendars!

Note: Each house’s sales may vary on dates & times. To be included on the printed list of sales please register by Fri, May 29. List can be found at stores in town as well as www.rwbparksrec.org
(4706) Thu - Sun, Jun 11-14  8:00 am - 5:00 pm  No Charge

Please note:
- We are taking a year off for the Romeo Community Center Parking Lot Sale.
- The KID to KID Sale is now part of Summer Kick Off below

REMEMBER... You MUST Pre Register for all Special Events. We will no longer be able to take registrations at the door.
Call 586.752.6543

www.rwbparksrec.org
(586) 752-6543
THANK YOU... Mosquito Joe for your continued support of the Romeo-Washington-Bruce Parks & Recreation’s Outside Events

Scott Johnson
North Oakland County
(248) 257-2000
WEATHER POLICY: If Romeo Community Schools are closed, all P&Rec classes held in their building are also.
For all other programs held at our Community Centers or other locations, call (586) 752-6543 ext 6 for updates & cancellations.

RHS S.E.R.V.E

Senior Spring Dinner
Entertainment: RHS Jazz Band
Sponsored in part by:
Four County Community Foundation
Come and enjoy an enjoyable evening out with dinner and dancing! Dinner will be prepared by the Romeo High School Culinary students, and compliments of the High School S.E.R.V.E students and the Director Pam Gedert. Dress festive and put on your best Patriotic wear! Register by April 8.

(8007)
Wed, Apr 15
6:00 pm - 8:00 pm
(doors open at 5:30)
The New Romeo High School
62300 Jewell Road
$5 NR $6

Adult Birthday Party BINGO
Play BINGO, have dessert and a good time while we celebrate everyone’s birthday. Last Wednesday monthly.
(8011) Jan 29
(8012) Feb 26
(8013) Mar 25
(8014) Apr 29
Romeo Center 12:30 pm $ .50 at door

Dining Out
Facilitator: Ruthie Dietlin
Join us the last Tuesday of the month. We meet for lunch at a local Restaurant. Date, place, and time will be posted at each Activity Center when details become available. (Held most months) (586) 752-6543 ext 3

The Jewelry Box
An ONGOING Senior Center Fundraiser
Check out the jewelry showcase in our Romeo Center!
Cost: Jewelry $4 M-F 8:00 am - 3:00 pm
DONATIONS APPRECIATED: We are always looking for donated jewelry in good condition to add to our collection.

Gold Exchange & Verbal Jewelry Appraisal
Pat’s of Pat’s II Jewelry will be available for gold jewelry appraisals at the following Luncheons.
Thur, Feb 13 Romeo Center 11:30 am -12:30 pm
Fri, Mar 20 Washington Center 11:00 am -12:00 pm
No Charge

Luncheons

A BIG THANK YOU TO
Orchard Grove Health Campus
For your sponsorship toward of our Senior 2020 Special Events

“Valentine Day”
Entertainment: TBD
Join us for our Valentine Day lunch. Wear your pink or red! Bring a friend or meet some new ones! Fun prizes and great food!
Register by 2/6
(8002) Thu, Feb 13 11:30 am - 1:30 pm
Romeo Center $7 NR $9

“Welcome Spring 2020”
Entertainment: TBD
Spring into the spring season! Join us and celebrate the first day of SPRING 2020! Come for an afternoon of great food, prizes and friends! Register by 3/3
(9004) Fri, Mar 20 11:00 am - 1:00 pm
Washington Center $7 NR $9

Give where you live
www.4ccf.org
810-798-0909
PO Box 539
Almont, MI 48003

www.rwbparksrec.org
(586) 752-6543

An ONGOING Senior Center Fundraiser
The Jewelry Box
Check out the jewelry showcase in our Romeo Center!
Cost: Jewelry $4 M-F 8:00 am - 3:00 pm
DONATIONS APPRECIATED: We are always looking for donated jewelry in good condition to add to our collection.

For all other programs held at our Community Centers or other locations, call (586) 752-6543 ext 6 for updates & cancellations.
### CARDS & GAMES

**ALL Adults welcome!**  
**R:** Romeo Activity Center  
**W:** Washington Activity Center

<table>
<thead>
<tr>
<th><strong>B.I.N.G.O</strong></th>
<th>Sponsored by: Sheena’s Market</th>
</tr>
</thead>
<tbody>
<tr>
<td>8054 R</td>
<td>Fun BINGO</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>BUNCO</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>9051 W</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>CANAStA</strong></th>
<th>For players &amp; beginners - Learning this game will make it easier to learn Hand &amp; Foot.</th>
</tr>
</thead>
<tbody>
<tr>
<td>9059 W</td>
<td>Canasta</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>DINNER &amp; CARDS</strong></th>
<th>($1.50 table fee per person paid that evening) <strong>NOTE: No longer accepting walk-ins</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>9201 W</td>
<td>Dinner &amp; Cards</td>
</tr>
<tr>
<td>9202 W</td>
<td>Dinner &amp; Cards</td>
</tr>
<tr>
<td>9203 W</td>
<td>Dinner &amp; Cards</td>
</tr>
<tr>
<td>9204 W</td>
<td>Dinner &amp; Cards</td>
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<tr>
<th><strong>EUChRE</strong></th>
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<td>9052 W</td>
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<td>8052 R</td>
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<td>8053 R</td>
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<td>9053 W</td>
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<table>
<thead>
<tr>
<th><strong>HAND AND FOOT</strong></th>
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<tbody>
<tr>
<td>9057 W</td>
</tr>
<tr>
<td>9061 W</td>
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<thead>
<tr>
<th><strong>MAHJONGG</strong></th>
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<tbody>
<tr>
<td>9055 W</td>
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<table>
<thead>
<tr>
<th><strong>PINOCHLE</strong></th>
<th><strong>NEW</strong> Low Vision/Arthritis Pinochle - Call to register</th>
</tr>
</thead>
<tbody>
<tr>
<td>9056 W</td>
<td>Golden Agers Pinochle</td>
</tr>
<tr>
<td>8057 R</td>
<td>Pinochle</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th><strong>SHUFFLE BOARD</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>9062 W</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>TEXAS HOLD’EM</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>8058 R</td>
</tr>
<tr>
<td>9058 W</td>
</tr>
</tbody>
</table>
**Social Dance**
Instructor: Jim Berg
Instruction will focus on the fundamentals of partnered social dancing. No partner required.
(4233) Mon, Jan 6  Wks: 6  No 1/20 & 2/17
(4234) Mon, Mar 2  Wks: 6
(4235) Mon, Apr 13  Wks: 6
Washington Center  $55 NR $61

**Ballroom Dance**
Instructor: Jim Berg
Instruction will focus on acquiring the skills necessary to enjoy ballroom dancing. No partner required.
(4230) Mon, Jan 6  Wks: 6  No 1/20 & 2/17
(4231) Mon, Mar 2  Wks: 6
(4232) Mon, Apr 13  Wks: 6
Washington Center  $55 NR $61

**Introduction to WOODCARVING**
Facilitator: Washington Woodcarvers
Learn hands-on techniques of carving, tools needed, and safety procedures used to create wood carvings. All tools and materials are provided. Please bring MATERIAL FEE $5 first day of class. REGISTRATION REQUIRED.
(9213) Thur, Apr 16  Wks: 3
Washington Center  $6 NR $7

**Find Information on our Woodcarving Group Page 21**
Life is busy...

let an agent handle your insurance, and relax knowing they have you covered.

ACTION INSURANCE SERVICE

www.actionin.com • 586.739.9080

Joe Rossell • Ron Rossell
Tim Hays • Holly Rossell-Hays

Auto-Owners INSURANCE
LIFE • HOME • CAR • BUSINESS
Local Neighbors

We need a helping hand

Join RWB Parks & Rec to support the senior community and our neighborhood by celebrating National Senior Health and Fitness Day

Sponsorship opportunities are needed and prize donations are being accepted now!!

National Senior Health & Fitness Day

EVENT DATE: Wednesday, May 27, 2020
10 am - 1 pm

jaroneskim@rwbparksrec.org 586.752.6543 ex3

Interim Healthcare

- In Home Caregivers
- Private Duty
- Skilled Nursing and Therapies
- Serving all of Macomb County

67200 Van Dyke, Suite 101
Washington, MI 48095
586-281-6280

When it matters most, count on us.
"LEAN ON ME"
Canes for our Veterans
Started in ’07 by the Michigan Woodcarvers for our Veterans who had served our country during war times. Cane is free & given in ultimate respect to those who fought for our freedom.
Call Julie for information (586) 752-6543

Eligible Veterans
- World War II Veteran & eligible for Victory Medal
- Korean War Veteran 1950 - 1953
- Vietnam War Veteran 1965 - 1973
- Wounded Veteran - War on Terrorism 2001 - present (Awarded a Purple Heart of his/her injuries)

COME WARM UP...
Need some HEAT, Warm Faces & Hot Coffee
Romeo Senior Center:  M-F  8-3 pm
Washington Senior Center:  M-F  8-4 pm

---

**Ongoing Adult Clubs & Groups**

**ART**

<table>
<thead>
<tr>
<th>ART</th>
<th>Wed</th>
<th>12:30pm - 2:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>R 8200</td>
<td>Art Club</td>
<td>Come draw, paint or sculpt</td>
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</tbody>
</table>

**GENERAL CLUBS**

<table>
<thead>
<tr>
<th>CLUBS</th>
<th>MWF</th>
<th></th>
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<tbody>
<tr>
<td>9223</td>
<td>W</td>
<td>Newcomers</td>
</tr>
<tr>
<td>9220</td>
<td>W</td>
<td>Red Hat Mommas</td>
</tr>
</tbody>
</table>

**QUILTING**

<table>
<thead>
<tr>
<th>QUILTING</th>
<th>MWF</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>9215</td>
<td>W</td>
<td>Fancy Quilters No 1/20, 2/17, 5/25</td>
</tr>
<tr>
<td>9214</td>
<td>W</td>
<td>It’s A Stitch Quilters No 1/20, 2/17, 5/25</td>
</tr>
<tr>
<td>8202</td>
<td>R</td>
<td>Peaches &amp; Patches No 1/20, 2/17, 5/25</td>
</tr>
<tr>
<td>8201</td>
<td>R</td>
<td>Stitch Together Quilters</td>
</tr>
</tbody>
</table>

**SEWING & HOOKING**

<table>
<thead>
<tr>
<th>SEWING &amp; HOOKING</th>
<th>MWF</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>8203</td>
<td>R</td>
<td>Sisters in Stitching No 1/20, 2/17, 5/25</td>
</tr>
<tr>
<td>9218</td>
<td>W</td>
<td>Great Lakes Rug Hooking</td>
</tr>
<tr>
<td>9219</td>
<td>W</td>
<td>Hooks &amp; Needles No 3/10</td>
</tr>
</tbody>
</table>

**CARVING**

<table>
<thead>
<tr>
<th>CARVING</th>
<th>MWF</th>
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<tbody>
<tr>
<td>9298</td>
<td>W</td>
<td>“Lean on Me” Canes</td>
</tr>
<tr>
<td>9216</td>
<td>W</td>
<td>Woodcarvers No 3/10</td>
</tr>
</tbody>
</table>

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Sisters in Stitching
Bring your embroidery or needle work and enjoy the company of others. This group, along with the facilitator, Ginny Orlando helps, gives encouragement & provide support.
(8203) Mondays
12:30 - 2:30 pm Romeo Center
No Charge
### SERVICES

<table>
<thead>
<tr>
<th>#</th>
<th>Type</th>
<th>Contact</th>
<th>Days &amp; Hours</th>
<th>By Appt?</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>8121*</td>
<td>VETERANS AID</td>
<td>Marie Goral</td>
<td>Fri 1/10, 3/13 &amp; 5/8, Fri 2/14 &amp; 4/24</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>9121*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8122*</td>
<td>LEGAL AID - 60+</td>
<td>Jon Corbin, Anthony Froberger</td>
<td>Mon 12/9, 1/13 &amp; 5/11, Tues 8/6, 9/3, 10/1, 11/5 &amp; 12/3</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>9122*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8128*</td>
<td>ALTERATIONS</td>
<td>Lynn Hermann</td>
<td>Mon 12/13, 1/3, 2/7, 3/6, 4/3 &amp; 5/1</td>
<td>No</td>
<td>Varies</td>
</tr>
<tr>
<td>9128*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9123</td>
<td>WATCH REPAIR, ETC.</td>
<td>Wilma Forry</td>
<td>Tues 12/3, 2/4 &amp; 4/7</td>
<td>Varies</td>
<td></td>
</tr>
<tr>
<td>8120</td>
<td>SHARPENING SERVICE</td>
<td>Burg’s Sharpening</td>
<td>On Call</td>
<td>No</td>
<td>Varies</td>
</tr>
<tr>
<td>9124*</td>
<td>MANICURES - 60+</td>
<td>Vena Brawning</td>
<td>Mon 12/16, 1/13, 2/10, 3/16, 4/20 &amp; 5/18</td>
<td>No</td>
<td>$6.00</td>
</tr>
<tr>
<td>8119*</td>
<td>GRIEF COUNSELING</td>
<td>The Medical Team Hospice</td>
<td>Fri 2/14 &amp; 4/3, Wed 1/8, 3/11 &amp; 5/13</td>
<td>No</td>
<td>No Charge</td>
</tr>
<tr>
<td>9119*</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>9125*</td>
<td>SEWING MACHINE REPAIR</td>
<td></td>
<td>Mon 1/13, 3/9 &amp; 5/11</td>
<td>No</td>
<td>$35</td>
</tr>
<tr>
<td>8127*</td>
<td>MAGNETIZE JEWELRY</td>
<td>“The Magnet Lady”</td>
<td>Wed 12/4, 1/8, 2/5, 3/4, 4/8 &amp; 5/6 Mon 12/2, 1/6, 2/3, 3/2, 4/6 &amp; 5/4</td>
<td>Varies</td>
<td></td>
</tr>
</tbody>
</table>

**KEY:** * Provided by appointment only. (586) 752-6543 ext 3

### Additional Information

**STAR TRANSPORTATION**
FREE transportation for seniors & those permanently disabled. Reserve by 12:00 Noon at least two working day in advance
(586) 752-9010

**MACOMB NUTRITION PROGRAM**
A Daily Lunch Program served Mon-Fri at the Romeo Center. Call our site for details
(586) 752-6543 ext 3

**MEALS ON WHEELS**
Meals delivered to seniors. For information, to sign up (or) to volunteer, please call the county.
(586) 469-5228

**MACOMB COUNTY SENIOR SERVICES**
Find info on CHORE grass cutting & snow removal plus other services available for low income qualifying seniors
(586) 469-5228

---

**Coffee and Conversation with the Officials!**
Romeo/Bruce Officials:
Fri, Feb 7, Mar 6, & Apr 3 9:00 am - 11 am
Washington Officials:
Thur, Jan 16, Feb 27 & Mar 19 10:00 am - 11 am

**Files of Life Program** - FREE & Life Saving
(9377) Medical history packets provided by our local fire department. Hang on your refrigerator so they know right where to look in case of an emergency. Be prepared!

**Medicare Counseling**
Facilitator: Area Agency on Aging 1-B
(9378) 2nd & 4th Tues 1:30 - 3:00 pm (by appt.)
Washington Center No Charge

---

We are always looking for... companies to recommend to seniors for handyman services and snow removal. If you know or are a reliable business contact Melissa (586)752-6543 we check you out & start making referrals.

---

**STAR TRANSPORTATION**
(586) 752-9010
FREE Transportation for seniors 60+ and individuals with disabilities. Advanced reservation required.

**NUTRITION PROGRAM**
(586) 752-6543 ex2
A Daily Lunch Program that is served Mon-Fri at the Romeo Activity Center

**MEALS ON WHEELS**
(586) 469-5228
For information on program or to volunteer to help deliver please call the county.

**MACOMB COUNTY SENIOR SERVICES**
(586) 469-5228
For info on Senior Grass Cutting & Snow Removal, as well as other services
WHAT IS STAR:
STAR has been serving transportation needs of the community’s older adults and individuals with disabilities since 1982. It is supported by a millage of the townships of Bruce and Washington, a Specialized Service Grant from the State of Michigan, Community and Municipal Credits from SMART, and is a Community Based Service Provider with SMART.

ELIGIBILITY:
Must be a resident of the Village of Romeo, or the townships of Bruce or Washington, and 60 years of age or older, or under 60 years of age and have a disability that prevents them from operating a vehicle.

WHAT STAR DOES:
Take passengers for any transportation request, such as medical appointments, banks, groceries, drug stores, and hair appointments, nutritional and recreational activities, in the Village of Romeo and the Townships of Bruce and Washington. STAR travels outside the townships for personal medical appointments. This includes the Henry Ford Macomb area, Ascension Providence Rochester area, and the Troy Beaumont area.

ADA COMPLIANT:
STAR has eleven vehicles, including six equipped with wheelchair lifts.

BUSINESS HOURS:
Monday through Friday 8:30 am - 4:00 pm

HOW TO SCHEDULE A RIDE:
Call STAR at 752-9010 or 752-6543 ext 5 by 12:00pm at least two working day in advance. STAR will take reservations for Medical appointments up to one month in advance, and all other appointments up to two weeks in advance.

SAVE A LIFE!
These trainings could really Save a Life

CPR - AED - FIRST AID
American Heart Association Certification
Washington Fire Department, 11300 27 Mile Rd 48094

CPR & AED Training:
(9283) Tues, Feb 25 6:00 - 9:00 pm
(9284) Thur, Feb 27 9:00 am - 12:00 pm
$49 NR $52

CPR & AED Training and First Aid:
(9285) Sat, Feb 29 9:00 am - 2:00 pm
$70 NR $73 for the Full Class
$49 NR $52 for CPR/AED only (9 am - 12 noon only)

Fire Safety & You
Come on by and listen and learn from our Washington Twp Fire Department as they discuss many topics to help keep us healthy and safe.
(9282) 4th Tues Monthly 11:00 - 11:30 am
Washington Center No Charge

Families Against Narcotics
NALOXONE TRAINING
Facilitator: Laura Chapman

DID YOU KNOW?
- Macomb County has the leading number of overdoses in the entire country.
- Prescription painkillers can be every bit as addictive as street drugs
- Drug addiction is no longer someone else’s problem, it can happen to anyone… you, your mom, grandpa or child.

FAN is dedicated to the prevention of alcohol, tobacco, and other drug use. Federal, state and local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse.

Registration is required.
Everyone is given a take home kit of their own for free.
(9260) Tues, Mar 24 11:30 am - 1:00 pm
Washington Center No Charge
(8260) Wed, Apr 22 10:30 am - 12 Noon
Romeo Center No Charge

BOARD OF COMMISSIONERS
www.macombBoC.com

DON BROWN
Commissioner, District 7

Office: 586.469.5125
Cell: 586.419.2443
DonBrown@macombmail.com
1 S. Main St 9th Floor
Mt. Clemens, MI 48043
Capital Banquet Center

The place for quality and service

CHEF JOHN BENDZINSKI

12350 31 Mile Road • Washington, MI 48095
(586) 752-6655 • Fax (586) 752-6695

- Anniversary Parties
- Graduation Parties
- Seminars
- Business Functions
- Holiday Parties
- Showers
- Class Reunions
- Special Events
- Luncheons
- Communion Parties
- Retirement Parties
- Sports Banquets
- Dinner Dances
- School Functions
- Weddings

www.capitalbanquet.com
**SPORTS**

**Table Tennis**
Do you enjoy playing table tennis or would you like to learn how? Then come join the fun! This is open to all adults, at any level and ability.

(8570) Tues 1:00 - 3:00 pm  
(8571) Thur 12:00 - 2:00 pm  
Romeo Center - Diamond Room  
$2 at door

**Indoor Pickle Ball**
A fast-growing, very popular sport!
A game resembling tennis, played with a table tennis type paddle and wiffle-ball. A fun way to keep in shape. No need to register in advance. Bring your own pickle ball paddle.

(8543) Tues, Jan 7 - May 28  
May 28  
12:45 - 3:30 pm  
(8544) Thur, Jan 9 - May 30  
May 30  
12:45 - 2:30 pm  
(8545) Wed, Jan 8 - May 29  
May 29  
11:00 - 2:00 pm  
Romeo Center - Main Room  
$2 at door  
Also, when it warms up outside be sure to check out our NEW outdoor courts at Washington Twp Park!

**PINE VALLEY GOLF COURSE**

**Parent & Child Golf Program**
Spend some quality time doing something you both like. Not a league, so there is no pressure; just 9 holes of golf. Adult must golf with child. 5yrs & up. No Class 7/2

(3303) Tues, Jun 2  
Wks: 8  
Tee Time: 6:45 pm  
Golf Fees:
$ 9 Reg fee - 1x fee per person paid to P&R  
$10 Greens fee per person weekly to course  
$ 7 Cart fee per person weekly to Golf Course

**Adult Golf Program**
So you're a beginner, but you want to golf...... This program is for you. Sign up as a twosome, threesome or foursome and play 9 holes. No pressure, just fun! No Class 7/2

(3512) Thur, Jun 4  
Wks: 8  
Tee Time: 6:30 pm  
Golf Fees:
$ 9 Reg fee - 1x fee per person paid to P&R  
$10 Greens fee per person weekly to course  
$ 7 Cart fee per person weekly to Golf Course

**Monday Morning Adult Co-Ed Golf League**
This is a fun golf league for all levels. We play May-Aug at Bruce Hills ending the program with a luncheon at the clubhouse! Watch for info!
Info meeting: Wed, April 15

<table>
<thead>
<tr>
<th>Adult Open Volleyball</th>
<th>M &amp; W, Jan 6 - Jun 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 9:30 pm</td>
<td>Powell Middle School</td>
</tr>
<tr>
<td>$2 at door</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Men’s Over 30 Basketball</th>
<th>T &amp; Th, Jan 7 - Jun 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 9:30 pm</td>
<td>Powell Middle School</td>
</tr>
<tr>
<td>$2 at door</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AQUATIC EXERCISE</th>
<th>Week of Jan 6 - Feb 27</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swim</td>
<td>Tues &amp; Thur</td>
</tr>
<tr>
<td>PM Lap</td>
<td>Tues &amp; Thur</td>
</tr>
<tr>
<td>Aquafit</td>
<td>Tues &amp; Thur</td>
</tr>
<tr>
<td>Silver Fins</td>
<td>Mon &amp; Wed</td>
</tr>
</tbody>
</table>

$7 Cart fee per person weekly to Golf Course
$10 Greens fee per person weekly to course
$9 Reg fee

**ADULT OPEN SPORTS**

<table>
<thead>
<tr>
<th>Adult Open Volleyball</th>
<th>M &amp; W, Jan 6 - Jun 8</th>
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<tr>
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</tbody>
</table>

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</tr>
</tbody>
</table>

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</thead>
<tbody>
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<td>Tues &amp; Thur</td>
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<tr>
<td>PM Lap</td>
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</tr>
<tr>
<td>Aquafit</td>
<td>Tues &amp; Thur</td>
</tr>
<tr>
<td>Silver Fins</td>
<td>Mon &amp; Wed</td>
</tr>
</tbody>
</table>

**Extra Drop-in Sport Pickleball & Table Tennis: Page 26**

<table>
<thead>
<tr>
<th>Archery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor: Craig Gibbs</td>
</tr>
<tr>
<td>60+ = 10%</td>
</tr>
<tr>
<td>Instruction for all ages &amp; levels. Think about signing up and shooting along side your Archer! (Equipment provided or bring your own). Ages 7 yrs to Adult.</td>
</tr>
<tr>
<td>(3304) Wed, Apr 15</td>
</tr>
<tr>
<td>Wks: 8</td>
</tr>
<tr>
<td>6:30 - 7:30 pm</td>
</tr>
<tr>
<td>(3305) Wed, Apr 15</td>
</tr>
<tr>
<td>Wks: 8</td>
</tr>
<tr>
<td>7:30 - 8:30 pm</td>
</tr>
<tr>
<td>Octagon Barn</td>
</tr>
<tr>
<td>$78 NR $84</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Adult Softball Leagues</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leagues Mat Ball Format</td>
</tr>
<tr>
<td>Packets emailed/mailed home. Register by Fri, Apr 12 ($50 late reg fee) Ages 18 &amp; up.</td>
</tr>
<tr>
<td>CO-ED: Two separate leagues; max 16 team split into 8 team per league. Leagues not split by skill, done on a first come first serve basis.</td>
</tr>
<tr>
<td>(2402) Mon, Apr 20</td>
</tr>
<tr>
<td>6:15 pm &amp; 7:30 pm games</td>
</tr>
<tr>
<td>Crystal &amp; CC Fields</td>
</tr>
<tr>
<td>$650 team (includes $75 forfeit fee)</td>
</tr>
<tr>
<td>OVER 30 MENS: 30 yrs &amp; up</td>
</tr>
<tr>
<td>NEW AGE!</td>
</tr>
<tr>
<td>Teams umpire their own games; mat used for balls &amp; strikes.</td>
</tr>
<tr>
<td>(2404) Fri, Apr 24</td>
</tr>
<tr>
<td>7:00 pm games</td>
</tr>
<tr>
<td>Crystal &amp; CC Fields</td>
</tr>
<tr>
<td>$140/team</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tennis Lessons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor: Susan Gavin</td>
</tr>
<tr>
<td>60+ = 10%</td>
</tr>
<tr>
<td>An introduction to tennis. Come and learn basic strokes, techniques and ball rally. Please bring your own racquet. Ages 16 &amp; up.</td>
</tr>
<tr>
<td>(3509) Tues, May 5</td>
</tr>
<tr>
<td>Wks: 5</td>
</tr>
<tr>
<td>7:00 - 8:00 pm</td>
</tr>
<tr>
<td>Washington Tennis Courts</td>
</tr>
<tr>
<td>$82 NR $88</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fencing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor: Jeff Musson</td>
</tr>
<tr>
<td>Fundamentals taught. Equipment provided. Ages 8 &amp; up</td>
</tr>
<tr>
<td>INSTRUCTION:</td>
</tr>
<tr>
<td>Wed, Jan 22 Wks: 10</td>
</tr>
<tr>
<td>(3300) 7:00 - 8:00 pm</td>
</tr>
<tr>
<td>OR (3301) 8:00 - 9:15 pm</td>
</tr>
<tr>
<td>Community Center</td>
</tr>
<tr>
<td>$78 NR $84</td>
</tr>
<tr>
<td>ADVANCED: Advanced Students Only</td>
</tr>
<tr>
<td>(3600) Wed, Apr 15 Wks: 8</td>
</tr>
<tr>
<td>7:00 - 8:30 pm</td>
</tr>
<tr>
<td>Community Center</td>
</tr>
<tr>
<td>$64 NR $70</td>
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### Romeo Classes

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Class Name</th>
<th>Start Date</th>
<th>End Date</th>
<th>Instructor</th>
<th>Thursday</th>
<th>Friday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Friday</th>
<th>Sunday</th>
<th>Saturday</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>8532</td>
<td>Chair Yoga</td>
<td>Mon, Jan 6</td>
<td>Apr 27</td>
<td>Jean Barlow</td>
<td>Mon</td>
<td></td>
<td>Mon</td>
<td></td>
<td></td>
<td>Mon</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>8533</td>
<td>Chair Yoga</td>
<td>Mon, Mar 9</td>
<td>Apr 27</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>8504</td>
<td>Seniors Staying Strong</td>
<td>M, W, F</td>
<td></td>
<td></td>
<td>9-10:00</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>No Charge</td>
</tr>
<tr>
<td>8505</td>
<td>Keep Moving - Arthritis</td>
<td>M, W, F</td>
<td></td>
<td></td>
<td>10-10:40</td>
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<td></td>
<td>No Charge</td>
</tr>
<tr>
<td>8541</td>
<td>Wii Fun - TV Interactive</td>
<td>Thursdays</td>
<td></td>
<td></td>
<td>10:30</td>
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<td>No Charge</td>
</tr>
<tr>
<td>8543</td>
<td>Pickleball (bring own paddle)</td>
<td>Tues,</td>
<td></td>
<td></td>
<td>On going</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>$2 at door</td>
</tr>
<tr>
<td>8545</td>
<td>Pickleball (bring own paddle)</td>
<td>Wed,</td>
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<td>On going</td>
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<td></td>
<td></td>
<td>$2 at door</td>
</tr>
<tr>
<td>8570</td>
<td>Table Tennis, Mixed Open</td>
<td>Tuesdays</td>
<td></td>
<td></td>
<td>On going</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>$2 at door</td>
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</tbody>
</table>

### Washington Classes

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Class Name</th>
<th>Start Date</th>
<th>End Date</th>
<th>Instructor</th>
<th>Thursday</th>
<th>Friday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Monday</th>
<th>Tuesday</th>
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<th>Sunday</th>
<th>Saturday</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>9356</td>
<td>Gentle Pilates</td>
<td>Tues, Jan 7</td>
<td>Apr 28</td>
<td>Judy Polite</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>$56 (8wk)</td>
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<tr>
<td>9357</td>
<td>Gentle Pilates</td>
<td>Tues, Mar 17</td>
<td>Apr 28</td>
<td>Judy Polite</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>$49 (7wk)</td>
</tr>
<tr>
<td>9358</td>
<td>Chair Pilates</td>
<td>Tues, Mar 17</td>
<td>Apr 28</td>
<td>Judy Polite</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>$49 (7wk)</td>
</tr>
<tr>
<td>9330</td>
<td>Gentle Yoga</td>
<td>Tues, Jan 7</td>
<td>Apr 30</td>
<td>Denise Michalak</td>
<td>9-10:30</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>$48 (8wk)</td>
</tr>
<tr>
<td>9331</td>
<td>Gentle Yoga</td>
<td>Thur, Jan 9</td>
<td>Apr 30</td>
<td>Denise Michalak</td>
<td>9-10:30</td>
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<td></td>
<td></td>
<td></td>
<td>$48 (8wk)</td>
</tr>
<tr>
<td>9332</td>
<td>Gentle Yoga</td>
<td>Thur, Mar 19</td>
<td>Apr 30</td>
<td>Denise Michalak</td>
<td>9-10:30</td>
<td></td>
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<td>$42 (7wk)</td>
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<tr>
<td>9333</td>
<td>Line Dancing</td>
<td>Thur, Jan 9</td>
<td>Apr 30</td>
<td>Darlene Sedrowski</td>
<td>11:45-12:45</td>
<td></td>
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<td></td>
<td>$48 (8wk)</td>
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<tr>
<td>9334</td>
<td>Line Dancing</td>
<td>Thur, Mar 12</td>
<td>Apr 30</td>
<td>Darlene Sedrowski</td>
<td>11:45-12:45</td>
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<td></td>
<td></td>
<td>$48 (8wk)</td>
</tr>
<tr>
<td>9335</td>
<td>Tai Chi</td>
<td>Wed, Jan 8</td>
<td>Apr 29</td>
<td>Kim Cary</td>
<td>11:30-12:30</td>
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<td></td>
<td></td>
<td></td>
<td>$48 (8 wk)</td>
</tr>
<tr>
<td>9336</td>
<td>Tai Chi</td>
<td>Tues, Jan 7</td>
<td>Apr 28</td>
<td>Kim Cary</td>
<td>3:15-4:15</td>
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<td></td>
<td></td>
<td></td>
<td>$48 =8 punch</td>
</tr>
<tr>
<td>9337</td>
<td>Tai Chi</td>
<td>Wed, Jan 8</td>
<td>Apr 29</td>
<td>Kim Cary</td>
<td>12:30-1:30</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<td>$48=8 punch</td>
</tr>
<tr>
<td>9338</td>
<td>Tai Chi</td>
<td>Fri, Jan 10</td>
<td>May 1</td>
<td>Kim Cary</td>
<td>10:15-11:15</td>
<td></td>
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<td></td>
<td></td>
<td>$48=8 punch</td>
</tr>
<tr>
<td>9340</td>
<td>Zumba Gold</td>
<td>Mon, Jan 6</td>
<td>Apr 27</td>
<td>Shonece Leonard</td>
<td>10:30-11:30</td>
<td>No Class Jan 20 &amp; Feb 17</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td>$48=8 punch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9341</td>
<td>Zumba Gold</td>
<td>Mon, Mar 9</td>
<td>Apr 27</td>
<td>Shonece Leonard</td>
<td>10:30-11:30</td>
<td>No Class Jan 20 &amp; Feb 17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$48=8 punch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9343</td>
<td>Zumba Gold Tone</td>
<td>Wed, Jan 8</td>
<td>Apr 29</td>
<td>Shonece Leonard</td>
<td>6:00-7:00</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>$48=8 punch</td>
</tr>
<tr>
<td>9344</td>
<td>Zumba Gold</td>
<td>Sat, Jan 11</td>
<td>Mar 29</td>
<td></td>
<td>9:30-10:30</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>$48=8 punch</td>
</tr>
</tbody>
</table>

### Weather Policy
If Romeo Community Schools are closed due to inclement weather, all P&R classes held in their buildings are also. For programs held at our Community Centers and other locations, call (586) 752-6543 ext 6 for updated info & cancellations.
**Yoga & Pilates**

Low Intensity - Great for Beginners

See Page 28-29 for additional fitness opportunities

---

**Chair Yoga**

Instructor: Jean Barlow

Gentle form of yoga that is practiced sitting on a chair, or standing using a chair as support. Great way to get started practicing yoga.

(8532) Mon, Jan 6 - Feb 24 11:15 am - Noon
(8533) Mon, Mar 9 - April 27 11:15 am - Noon

Romeo Studio Room  Wks: 8  $48 NR $54

$8 drop-in

---

**Gentle Pilates**

Instructor: Judy Polite

Pilates is a wonderful form of exercise that increases flexibility and range of motion. This “gentle” class is of a lower impact and intensity than a “normal” Pilates class, therefore perfect for those with various mobility issues.

(9536) Tues, Jan 7 - Feb 25 6:00 - 7:00 pm
(9357) Tues, Mar 17 - Apr 28 6:00 - 7:00 pm

Washington Activities Room  Wks:8  $56 NR $62

---

**Zumba Gold & Zumba Gold Tone**

Instructor: Shonece Anewme Leonard

Fitness and Fun combined! Come join this low intensity Zumba class led by one of the areas best Zumba instructor!

(9340) Mon, Jan 6 - Apr 27  10:30 - 11:30 am
(9343) Wed, Jan 8 - Apr 29 (Tone)  6:00 - 7:00 pm
(9344) Sat, Jan 11-May 2  9:30 - 10:30 am

Washington Activities Rm  $48 = 8 punch card  $8 drop in

---

**Line Dancing**

Instructor: Darlene Sedrowski

Learn the latest line dances. Great fun and exercise too.

Winter Sessions

(9322) Beginner  Thur, Jan 9 - Feb 27 11:45 - 12:45 pm
(9324) Intermediate  Thur, Jan 9 - Feb 27 10:30 - 11:30 am

Spring Sessions

(9323) Beginner  Thur, Mar 12 - Apr 30 11:45 - 12:45pm
(9325) Intermediate  Thur, Mar 12 - Apr 30 10:30 - 11:30am

Washington Activities Room  $48 (8wk) or $8 drop-in

---

**Free! Exercise & Continental Breakfast**

In conjunction with Romeo’s AM exercise programs. Get your muscles moving and enjoy a healthy snack. You will be shocked at how good you start to feel!

Served 2nd & 4th Fri monthly

9:30 - 10:00 am

Free Fitness Classes  Mon, Wed & Fri

- Senior Staying Strong  9:00 - 10:00 am
- Keep Moving  10:00 - 10:40 am

---

**Remember to…**

REGISTER EARLY SO PROGRAMS DON’T GET CANCELLED

Deadlines are 1 week prior to start dates

---

**FITNESS CENTER**

1 MEMBERSHIP = 2 LOCATIONS

Make it a New Years Resolution to check it out!

Bring this Coupon and Get 1 FREE VISIT

Hours, Locations & Times Page 30  1 coupon per person
**FITNESS & HEALTH**

### Winter: January 2nd - Feb 29th, 2020  Wks: 8

<table>
<thead>
<tr>
<th>ENROLLMENT CATEGORIES</th>
<th>Fitness Classes Only</th>
<th>Spinning &amp; Fitness or Spinning Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year Unlimited</td>
<td>6100</td>
<td>6101</td>
</tr>
<tr>
<td></td>
<td>$485</td>
<td>$575</td>
</tr>
<tr>
<td>Session Unlimited</td>
<td>6102</td>
<td>6103</td>
</tr>
<tr>
<td></td>
<td>$100</td>
<td>$115</td>
</tr>
<tr>
<td>5 x per week</td>
<td>6104</td>
<td>6105</td>
</tr>
<tr>
<td></td>
<td>$90</td>
<td>$105</td>
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<tr>
<td>4 x per week</td>
<td>6106</td>
<td>6107</td>
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<tr>
<td></td>
<td>$85</td>
<td>$100</td>
</tr>
<tr>
<td>3 x per week</td>
<td>6108</td>
<td>6109</td>
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<tr>
<td></td>
<td>$80</td>
<td>$95</td>
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<tr>
<td>2 x per week</td>
<td>6110</td>
<td>6111</td>
</tr>
<tr>
<td></td>
<td>$70</td>
<td>$85</td>
</tr>
<tr>
<td>1 x per week</td>
<td>6112</td>
<td>6113</td>
</tr>
<tr>
<td></td>
<td>$60</td>
<td>$75</td>
</tr>
<tr>
<td>Drop In</td>
<td>$8</td>
<td>$10</td>
</tr>
</tbody>
</table>

To register, call 752-6543 or stop in at either location; Romeo or Wash. Non residents add $6 to enrollment category. 10% discount for seniors (60+ yrs.)

Register by Dec 20th to receive $5 off. Offers cannot be combined.

### Additional Info

**Weather Policy:** If Romeo Community Schools are canceled due to inclement weather, childcare and morning Fitness Classes will not be available. Credits or prorate discounts are not given for inclement weather.

The Fitness Centers will be open whenever possible. Please call 586-752-6543.

### Athletic Stretching: (55 min.) Yoga

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>(45 min)</td>
<td>6136</td>
<td>Tue 8:30 am</td>
<td>Sheila</td>
</tr>
<tr>
<td>6178</td>
<td>Thur 8:30 am</td>
<td>Sheila</td>
<td>Wash. Aerobic</td>
</tr>
<tr>
<td>(45 min)</td>
<td>6185</td>
<td>Sat 10:00 am</td>
<td>Sheila</td>
</tr>
<tr>
<td>6131</td>
<td>Mon 9:15 am</td>
<td>Jami</td>
<td>Wash. Activity</td>
</tr>
<tr>
<td>6197</td>
<td>Tue 9:15 am</td>
<td>Jami</td>
<td>Romeo Studio</td>
</tr>
<tr>
<td>6158</td>
<td>Wed 8:30 am</td>
<td>Mary</td>
<td>Wash. Activity</td>
</tr>
</tbody>
</table>

### Barre: (60 min.) Sculpt and tone using the barre. Incorporates both abdominal / cardio work. Hand weights used to sculpt the upper body.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6127</td>
<td>Mon 9:00 am</td>
<td>Brenda</td>
<td>Romeo Studio</td>
</tr>
<tr>
<td>6179</td>
<td>Fri 8:30 am</td>
<td>Brenda</td>
<td>Romeo Main</td>
</tr>
</tbody>
</table>

### Cardio Blast: (45 min.) 1/2 hour non-stop cardio ending with 15 min. weights,abs, and stretching. "Mon & Fri morning class low impact.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6140</td>
<td>Tues 11:30 am</td>
<td>Denise</td>
<td>Romeo Studio</td>
</tr>
<tr>
<td>6172</td>
<td>Thur 11:30 am</td>
<td>Denise</td>
<td>Romeo Studio</td>
</tr>
</tbody>
</table>

### Zumba Basic: (60 min.) Perfect for beginners. Taking things slower, & teaches the fundamentals of a Zumba dance workout. 20-person max.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6174</td>
<td>Thur 5:15 pm</td>
<td>Sheryl</td>
<td>Wash. Activity</td>
</tr>
</tbody>
</table>

### Zumba: (55 min.) Fun dance moves create a dynamic workout.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6129</td>
<td>Mon 8:30 am</td>
<td>Kim</td>
<td>Romeo Main</td>
</tr>
<tr>
<td>6152</td>
<td>Tues 5:15 pm</td>
<td>Sheryl</td>
<td>Romeo Main</td>
</tr>
</tbody>
</table>

### Zumba 30/30: 30 mins warm up & heart pumping Zumba. Then 30 mins of resistance training using a variety of equipment.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day &amp; Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6156</td>
<td>Wed 8:30 am</td>
<td>Kim</td>
<td>Romeo Main</td>
</tr>
</tbody>
</table>

---

**CHILD CARE**

Available to fitness participants.
Mon - Fri 8:30am - 10:30am
Romeo Community Center - North Room

$2 for the first child. $1 per additional child.

Child Care is not available at our Washinton location.

Childcare follows the fitness class schedule and will not be available when classes are canceled.

---

**CHECK OUT THIS NEW CLASS!**
**Pilates H.I.I.T at the Community Center**
**Tuesdays at 10:15am**

---

**Thank you for participating with our programs!**
spinning / indoor cycling

Join our Buti Yoga tribe today!

This calorie scorching workout fuses power yoga with cardio-intensive tribal dance + body sculpting movement. Instead of linear movements, Buti Yoga favors movements that challenge the body along all planes of motion.

THE RESULT - long, lean muscle.

Jan 8 - Feb 26 (8 wks)

(6994) Wed, 6:30 - 8:00 pm $75 NR $81

Romeo Comm Center North Room $10 drop in

Personal Training

One-on-one training with a certified personal trainer available. No commitment or package purchase required.

$50/hour $25/half hour

Also available 2 clients for 1 hour = $50/hour

Call Chris at the Washington Fitness Center 586-752-6543 ext 4 then press 2

Lower Intensity Classes


Additional Info

Weather Policy: If Romeo Community Schools are canceled due to inclement weather, childcare and morning Fitness Classes will not be available. Credits or prorate discounts are not given for inclement weather.

The Fitness Centers will be open whenever possible. Please call 586-752-6543.
Fitness Centers

Built with funding from Community Development Block Grant & Four County Foundation

ONE MEMBERSHIP = TWO LOCATIONS

Romeo Community Center
361 Morton St.
Romeo, MI 48065

<table>
<thead>
<tr>
<th></th>
<th>Mon - Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>6 am - 1:30 pm</td>
<td>7 am - 12 pm</td>
<td>CLOSED</td>
</tr>
<tr>
<td></td>
<td>4 pm - 8 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Fitness Centers will close 30 min. earlier than stated if no members are present.

Washington Twp. Municipal Building
57900 Van Dyke
Washington Twp, MI 48094

<table>
<thead>
<tr>
<th></th>
<th>Mon - Fri</th>
<th>Sat</th>
<th>Sun</th>
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<tbody>
<tr>
<td></td>
<td>6 am - 1:30 pm</td>
<td>7 am - 12 pm</td>
<td>CLOSED</td>
</tr>
<tr>
<td></td>
<td>3:30 pm - 8 pm</td>
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<td></td>
</tr>
</tbody>
</table>

Fitness Centers will close 30 min. earlier than stated if no members are present.

Fitness Centers are open to all ages. Those under 16 must be accompanied by a parent/guardian. Those under 18 must have their Registration and Information Form signed by a parent/guardian prior to using the Fitness Centers.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Daily</th>
<th>10 Visits</th>
<th>3 Mos.</th>
<th>6 Mos.</th>
<th>1 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 yrs. &amp; under</td>
<td>$2</td>
<td>$16</td>
<td></td>
<td></td>
<td>$140</td>
</tr>
<tr>
<td>Non-Resident</td>
<td>$3</td>
<td>$24</td>
<td></td>
<td></td>
<td>$160</td>
</tr>
<tr>
<td>18 - 59 yrs.</td>
<td>$3</td>
<td>$24</td>
<td>$80</td>
<td>$140</td>
<td>$240</td>
</tr>
<tr>
<td>Non-Resident</td>
<td>$4</td>
<td>$32</td>
<td>$100</td>
<td>$160</td>
<td>$260</td>
</tr>
<tr>
<td>60+ yrs. or legally disabled*</td>
<td>$1</td>
<td>$8</td>
<td></td>
<td></td>
<td>$75</td>
</tr>
<tr>
<td>Non-Resident</td>
<td>$2</td>
<td>$16</td>
<td></td>
<td></td>
<td>$95</td>
</tr>
</tbody>
</table>

CHILD CARE

Childcare is available Mon - Fri 8:30am - 10:30am at the Romeo Community Center in the North Room.

Childcare is not available in Washington.

$2 for the first child, $1 per additional child

Childcare follows the Fitness Class schedule and will not be available when classes are canceled.

"Revised Sept 2019"

WEATHER POLICY

If Romeo Schools are canceled due to inclement weather, childcare will be closed. The Fitness Centers will be open whenever possible. For updates, call 586-752-6543.

LEGAL DISABILITY / SPECIAL NEEDS

*Caregivers of the legally disabled or special needs participant are free of charge while managing the well-being of the participant. Individuals with special needs must be accompanied by a caregiver.

PERSONAL TRAINING AVAILABLE:

Call our office and our Fitness Programmer will set you up with one of our trainers - add’l fee for service.
### AQUATICS

**AMERICAN RED CROSS**

- **Fee Schedule - All Lessons are 4 Classes**
  - **LEVEL CLASSES**: $40 Non Res $46
  - **PRE-ONES (3-5 YR)**: $28 Non Res $34

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIMES</th>
<th>LEVELS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td>5:05 - 6:00 pm</td>
<td>1/13 - 2/10</td>
</tr>
<tr>
<td></td>
<td>5:05 - 5:30 pm</td>
<td>1/13 - 2/10</td>
</tr>
<tr>
<td></td>
<td>5:35 - 6:00 pm</td>
<td>1/13 - 2/10</td>
</tr>
</tbody>
</table>

**EVENING**

- **EVENING**
  - **5:05 - 6:00 pm**
    - Level 1
    - Level 2
    - Level 3
    - Level 4
    - Level 5
    - Level 6
  - **5:05 - 5:30 pm**
    - Pre-Ones
  - **5:35 - 6:00 pm**
    - Pre-Ones

**AQUATIC FITNESS PROGRAMS**

- **AquaFit Aerobics**
  - Low impact aquatic cardiovascular training.
  - **(7901)** T & TH, Jan 7 - Feb 27
  - **7:30 - 8:30 pm**
  - **$4 at door**

- **AM Lap (7902)**
  - **W**, Jan 6 - Feb 26
  - **6:00 - 7:00 am**
  - **$3 at door**

- **PM Lap (7903)**
  - **T & TH, Jan 7 - Feb 27**
  - **7:30 - 8:30 pm**
  - **$3 at door**

- **Silver Fins**
  - Aquafit program geared for adults 50+
  - **(7906)** T & TH, Jan 7 - Feb 27
  - **2:45 - 3:45 pm**
  - **$2 at door**

**COMMUNITY SWIM**

- **Community Swim**
  - Sat, Jan 11 - Feb 29
  - **7:30 - 2:00 pm**
  - **$3 at door**

---

**REMEMBER TO**

Pick up a schedule at the Pool or on our website: [www.rwbparksrec.org](http://www.rwbparksrec.org)

---

**RCS POOL 9th Grade Academy**

(Old high school) 11091 32 Mile Rd. Romeo 48065

**NOTE: The RCS Pool will be closed for renovations from March to Fall 2020**

**PARENT & TOT Water Acquaintance**

- **6 months - 3 yrs**
  - A self directed drop in class - NO Instructor
  - You and your tot can follow along with our Pre-Ones class that are scheduleat the same time.
  - **WATCH - LEARN - MMIC**
  - **$2 per person at door**
  - **8 pairs max**

**“SUPER” Splash Bash**

- Swim, jump off the diving board or float on a tube. If under 48" child must be accompanied by adult. Aqua diapers/plastic pants if not trained.
- **MUSIC & STROBE LIGHTS**
  - **Fridays: Jan 18, & Feb 7**
  - **7:30 - 9:00 pm**
  - **$3 per person at door**

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**ROMEO DOLPHINS SWIM CLUB**

- Winter: Jan 6 - Feb 28
- **Wks: 8**
  
Swimmers will be placed into the appropriate group the first week of practice. All swimmers must be registered with Parks & Rec and are required to acquire a USA Swimming Card (Additional $80, paid at the pool) Some competitive meets included. Optional meets targeted monthly (add’l cost for these meets). A t-shirt is included with each full, paid registration. Non Res add $6.

**MANDATORY PARENT/SWIMMER MEETING:** JAN 6 AT 7PM AT THE POOL

ALL INFORMATION WILL BE HANDED OUT AT THIS MEETING

No practice 1/20, 2/17 & 2/18 Additional dates for RHS meets announced at later date.

---

**CLASS DESCRIPTIONS**

**PRE-ONES**

- (3-5 yrs) 1:8 plus an aide.
- Preschoolers learn to be comfortable in and around water. Basic skills will be taught through games. Floating & kicking techniques.

**LEVEL PROGRAMS**

- **Regular Class:** 1:8 ratio
- **Semi-Private:** 1:4 ratio
- All level classes include at least 5 minutes per class of diving & jumping skills.
- **Level 1 (4 yrs & up)**
  - Front-back floats with support, kicking, alternating arm action & safety skills.
  - **Level 2**
  - Front & back glides, kicking, arm action, turning over, safety skills.
  - **Level 3**
  - Diving, back crawl, crawl, elementary backstroke, treading water and safety skills.
  - **Level 4**
  - Stroke improvement, breaststroke, sidestroke, scissor kick, endurance.
  - **Level 5**
  - Stroke improvement, dolphin kick, diving, endurance for higher level swimming.
  - **Level 6**
  - Arm movements for butterfly, rescue dives, flip turns & endurance for competitive swim.

---

**AQUATICS**

- [www.rwbparksrec.org](http://www.rwbparksrec.org)

---

**REMEMBER TO**

Pick up a schedule at the Pool or on our website: [www.rwbparksrec.org](http://www.rwbparksrec.org)
Dancer's Image
24 Years Strong...

Winter & Spring Session
Winter Session: Jan 4 - Mar 21
Spring Session: Mar 23 - Jun 13

Class Numbers: Winter classes start with 51 - - Spring 52 - -

DANCE

DANCER must be signed up for winter session to do SPRING***

Canceled Dates to put on your calendar:
Jan 18-20, Feb 15-18, Apr 4-11 & May 23-25

All classes held at the Romeo Community Center

Pay for both sessions at once get $5 discount off your total
$72/$69 20 Min Class $84/$81 50 min
$77/$74 30 Min Class $87/$84 1 hr
$82/$86 40 Min Class $89/$86 1 hr 10 Min

Non Residents add $6 per class
(Second price is for same dancer in 2 or more classes)

REGISTRATION DEADLINE: January 10, 2020
Sorry, no registrations can be accepted after deadline

*Company Classes; Instructor Approval Required

Monday, Jan 6  STUDIO ROOM
5101-5201 4:40 pm Jazz Tots (4-6 yr) 30 min AR
5102-5202 5:15 pm Jazz Tots 2-3 (6-8 yr) 30 min AR
5103-5203 5:45 pm Tot Jazz Co.* 40 min AR
5104-5204 6:30 pm Jr. Jazz Co.* 1 hr AR
5105-5205 7:30 pm Teen Jazz Co.* 1 hr AR

Monday, Jan 6  MAIN ROOM
5106-5206 5:45 pm Jr Lyrical Co.* 40 min A
5107-5207 6:30 pm Teen Lyrical Co.* 40 min A
5108-5208 7:10 pm Teen Elite Lyrical Co.* 50 min A
5109-5209 8:05 pm Teen Elite Jazz Co.* 1 hr S

Monday, Jan 6  DIAMOND ROOM
5110-5210 4:40 pm Tot Hip Hop (4-6 yr) 20 min M
5111-5211 5:05 pm Int. Musical Theatre (8-12) 30 min M
5112-5212 5:35 pm Beg. Musical Theatre (7-12) 30 min M
5113-5213 6:05 pm Beg Jazz (7-11 yr) 30 min M
5114-5214 6:35 pm Beg Lyrical (7-11 yr) 30 min S
5115-5215 7:05 pm Int. Lyrical (9-13 yr) 30 min S
5116-5216 6:40 pm Int. Jazz (9-13 yr) 30 min S

Tuesday, Jan 7  STUDIO ROOM
5117-5217 5:15 pm Sugars Jazz Co.* 50 min T
5118-5218 6:15 pm Adv. Pointe (13-18 yr) 20 min T
5119-5219 6:40 pm Adv Sr. Ballet (14-18 yr) 1 hr 10 min T
5120-5220 8:00 pm Sr Jazz Co.* 50 min A

Tuesday, Jan 7  MAIN ROOM
5120-5220 8:00 pm Sr Elite Jazz Co.* 1 hr T

To participate in our Spring RECITAL, dancer must be registered for both Winter & Spring Session. Dancers that choose not to be in recital will end with Winter session.

Come Dance with Us!
An Award Winning Studio

Dance Classes Schedule Cont...

Wednesday, Jan 8  STUDIO ROOM
5122-5222 5:10 pm Beg. Pointe (11-15 yr) 20 min T
5123-5223 5:35 pm Int. Pointe (12-15 yr) 20 min T
5124-5224 6:00 pm Adv. Teen Ballet (12-15 yr) 1 hr T
5125-5225 7:05 pm Teen Tap Co.* 50 min AB

Wednesday, Jan 8  MAIN ROOM
5127-5227 4:45 pm Tot Irish Step Dance (4-6 yr) 30 min C
5128-5228 5:10 pm Beg Irish Step Dance (7-12 yr) 30 min C
5129-5229 5:45 pm Int Irish (10-14 yr) 30 min C
5130-5230 6:20 pm Sr. Irish Co.* 40 min C
5131-5231 7:00 pm Sr. Tap Co.* 1 hr D
5132-5232 8:00 pm Teen Irish Co.* 40 min D

Thursday, Jan 9  MAIN ROOM
5133-5233 4:45 pm Tiny Tappers (4-6 yr) 30 min D
5134-5234 5:20 pm Beg Tap (7-9 yr) 30 min D
5135-5235 5:55 pm Int 1 Tap (7-12 yr) 30 min D
5136-5236 6:30 pm Int. 2-3 Tap (8-13 yr) 30 min AB
5137-5237 7:00 pm Jr Tap Co* 40 min AB
5138-5238 7:40 pm Contemporary Co* 40 min S
5139-XXXX 8:30 pm Adv Leaps and Tums (10-18) 30 min S

Thursday, Jan 9  STUDIO ROOM
5140-5240 4:45 pm Tots & Tutus (4-6 yr) 30 min T
5141-5241 5:20 pm Tots & Tutus 2 (5-7 yr) 30 min T
(Must have taken Tots & Tutus Class)
5142-5242 5:55 pm Tots & Tutus 3-4 (7-9 yr) 30 min T
5143-5243 6:30 pm Tots 5/Adv 1 Ballet (7-10 yr) 30 min T
5144-5244 7:00 pm Adv 2-3 Ballet (8-10 yr) 40 min T
5145-5245 7:45 pm Adv 4 Ballet (9-12 yr) 50 min T

Thursday, Jan 9  DIAMOND ROOM
5146-5246 4:45 pm Beg Hip Hop (7-11 yr) 30 min K
5147-5247 5:20 pm Int 1-2 Hip Hop (8-12 yr) 30 min K
5148-5248 5:55 pm Int 3-4 & Adv Hip Hop (11-16) 30 min K
5149-5249 6:30 pm Modern/Contemporary (7-13) 30 min S
5150-5250 8:00 pm Int. Pom (8-14 yr) 30 min AR
5157-5257 8:30 pm Beg Pom (7-13 yr) 30 min AR

Saturday, Jan 4  STUDIO ROOM
5151-5251 9:50 am Creative Movement (2-3 yr) 20 min A
5152-5252 10:15 am Tots & Tutu’s (4-6 yr) 30 min A
5153-5253 10:45 am Tiny Tappers (4-6 yr) 30 min A
5154-5154 11:15 am Tots & Tutus 2-3 (5-7 yr) 30 min A
5155-5255 11:45 am Tiny Tappers 2 (5-7 yr) 30 min A

Proper Dance Wear Required:

Ballet: Bun, leotard, tights, shorts or leggings, PINK shoes, ballet skirt & leg warmers-optional.

Jazz: Tight fitting dancewear & TAN slip on jazz shoe. Ponytail.

Hip Hop: Loose clothes & tennis shoes (no jeans). Ponytail.

Irish Step: Any dancewear, BLACK tap or Irish hard shoe & Highland Ghille soft shoe. Shoe info given 1st class.

Lyrical: Tight fitting dancewear & TAN slip on jazz shoe. Ponytail.

Tap: Any dancewear and BLACK tap shoe. Ponytail.

Pom-Pom: Shorts, Tee, Tan Jazz Shoe, Ponytail. Poms provided

LEVEL KEY: Tot, 1, 2, etc ➤ Beg 1, 2 ➤ Int, 1, 2, 3 ➤ Adv 1, 2, 3
**SELF DEFENSE**

**Ages 12 yrs to Adult**

**Winter: $20 NR $23**

Something EVERYONE should take. Basic, easy to remember techniques taught by a female instructor in relaxed, supportive atmosphere. Learn safety awareness skills as well as physical defenses against grabs & other assaults. Don’t send your kids off to school or college without some basic knowledge to help keep them safe. A great class for Moms & Grandmas and anyone interested in personal protection. Please bring pen & notebook

(3000) Thur, Jan 23 Days: 1 6:00 - 8:00 pm

**KARATE**

**Ages 6 yrs to Adult**

**Winter: $109 NR $115 Spring: $100 NR $106**

If you’ve ever wanted to try Karate; join us for this beginner class and discover the many benefits of the martial arts. Students learn basic blocks, strikes, kicks & stances in a positive environment. Children develop focus, confidence, coordination, & self discipline. Adults benefit from the stress relief, exercise, and self-defense skills. If this is your first session your first two weeks will be semi-private lessons to introduce you to the basic skills prior to joining the group class.

(3100) Mon, Jan 13 (3120) Mon, Apr 20 7:15 - 8:00 pm
(3101) Tues, Jan 14 (3121) Tues, Apr 21 5:30 - 6:15 pm
(3102) Wed, Jan 15 (3122) Wed, Apr 22 6:30 - 7:15 pm
(3103) Thur, Jan 16 (3123) Thur, Apr 23 5:30 - 6:15 pm
(3104) Sat, Jan 18 (3124) Sat, Apr 25 9:00 - 9:45 am

**BRAZILIAN JIU-JITSU**

**Ages 13 yrs & up**

**Winter: $175 NR $181 Spring: $160 NR $166**

Based on grappling and ground fighting. Learn submissions, chokes and joint locks using the concept of leverage and positioning; allows a smaller person to defend against a stronger attacker. Technique & skills learned with a partner in a structured, safe environment.

(3105) Mon, Jan 13 (3125) Mon, Apr 20 7:15 - 8:15 pm
(3106) Tues, Jan 14 (3126) Tues, Apr 21 7:15 - 8:15 pm
(3107) Thur, Jan 16 (3127) Thur, Apr 23 7:15 - 8:15 pm
(3108) Sat, Jan 18 (3128) Sat, Apr 25 10:00 - 11:00 am

**NEW Semi-Private - YOUTH BRAZILIAN JIU-JITSU**

**Ages 7-12**

**Winter: $109 NR $115 Spring: $100 NR $106**

This will now be a semi-private class where children will learn principles of leverage and positioning to help them deal with dangerous situations. They will gain confidence in defending themselves against larger/stronger opponents. While Karate teaches stand up self defense, Brazilian Jiu-Jitsu is primarily a grappling art taught for ground self-defense T-shirt & sweatpants; Please no zippers

(3116) Tues, Jan 14 (3136) Tues, Apr 21 5:30 - 6:00 pm
(3117) Thur, Jan 16 (3137) Thur, Apr 23 5:30 - 6:00 pm

**WEATHER POLICY**

If Romeo Community Schools are closed due to inclement weather, all P&R classes held in their building are also. For programs held at our Community Centers and other locations, call (586) 752-6543 ext 6 for updated info & cancellations.
**ARTS**

**Arts Around**
Instructor: Jennifer Stulz
Let’s get Creative!!! You will be creating multiple projects in this class working with watercolor, clay ceramics, painting, oil pastels, paper-mache and more!
Ages 8 yrs & up.

**WINTER**
(3410) Wed, Jan 8, 15, 22, 29, Feb 5 & 12 Wks: 6
Community Center  6:00 - 7:00 pm  $85 NR $91

**SPRING**
(3412) Wed, Mar 4, 11, 18, Apr 1, 15 & 22 no class 3/25 & 4/8
Community Center  6:00 - 7:00 pm  $85 NR $91

**STARKWEATHER**

**“1” DAY WORKSHOPS**
All Supplies Included.
Instructor: Lisa Grandstaff
Starkweather Arts Center
$12 session; NR $15
6 min. to run class
***Sorry… NO drop ins at door***

**WINTER FUN**
We see SNOWMEN!! Multiple “Winter” projects will be created by You in this class!
(3406) Sat, Jan 25  10:00 - 11:30 am

**LOVE IS IN THE AIR**
Explore with your creative heart with fun & exciting “Hands On” projects that excites the creative side of you!
(3407) Sat, Feb 1  10:00 - 11:30 am

**SPRING SHAMROCKS**
Explore Spring with an Art Twist!! You will create a variety of art projects that let’s you explore cultures with an art twist!!
(3408) Sat, Mar 21  10:00 - 11:30 am

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**LIFE SKILLS**

**First Aid & Home Safety for Child Care**
Instructor: Washington Twp Fire Department
Learn basic first aid skills, what to do in an emergency while you are home alone, and how to care for younger children.
Ages 11 and up
(4220) Sat, Feb 1  9:00 am - 12 noon
Washington Twp Fire Dept (11300 27 Mile Rd.)  $15 NR $18

---

**SAVE A LIFE!**
These trainings could really Save a Life

**CPR - AED - FIRST AID**
American Heart Association Certification
Washington Fire Department, 11300 27 Mile Rd 48094

**CPR & AED Training:**
(9283) Tues, Feb 25  6:00 - 9:00 pm
(9284) Thur, Feb 27  9:00 am - 12:00 pm
$49 NR $52

**CPR & AED Training and First Aid:**
(9285) Sat, Feb 29  9:00 am - 2:00 pm
$70 NR $73 for the Full Class
$49 NR $52 for CPR/AED only (9 am - 12 noon only)

---

**Families Against Narcotics**
NALOXONE TRAINING
Facilitator: Laura Chapman

**DID YOU KNOW?**
• Macomb County has the leading number of overdoses in the entire country.
• Prescription painkillers can be every bit as addictive as street drugs
• Drug addiction is no longer someone else's problem, it can happen to anyone… you, your mom, grandpa or child.

FAN is dedicated to the prevention of alcohol, tobacco, and other drug use. Federal, state and local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse. **Registration is required. Everyone is given a take home kit of their own for free.**

(9260) Tues, Mar 24  11:30 am - 1:00 pm
Washington Center  No Charge

(8260) Wed, Apr 22  10:30 am - 12 Noon
Romeo Center  No Charge

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**Babysitter Training**
Instructor: Lisa Super
Learn safe babysitting techniques taught by a registered nurse. Areas covered include: basic infant through elementary care, emergency actions, accident prevention, first aid, feeding, diapering, selecting toys & more. Please bring a stuffed animal or doll and a pencil. Fee includes $5 material fee. Ages 11 & Up
(4218) Wed/Thu  Mar 25 & 26  6:00 - 8:15 pm
Romeo Center - Silver  $38 NR $41

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**PGS Dentistry**
“Complete Dentistry for the Entire Family”
Richmond  586-727-3815
Romeo  586-752-9781
Marysville  810-364-7601
Chesterfield  586-846-4145
PGSdenistry.com
MAD SCIENCE

Afterschool MAD SCIENCE Classes
K-5th Grades
Mad Science is on a mission to spark the imagination and curiosity of children by providing them with interactive & educational programs that instills a clear understanding about science & how it affects their world.

Mad Science programs...
- Are hands-on and focus on science and engineering.
- Are aligned to STEM objectives
- Meet national & state extracurricular activity standards
- Are led by trained, qualified and dynamic instructors
- Follow professional lesson plans
- Use unique equipment and original materials
- Are loved by children!

Fantastic Forces & Flights
(3400) Mon, Jan 27 Wks: 6 No Class 2/17 4:05 - 5:05 pm
Hevel Elementary $98 NR $104
(3401) Tues, Jan 28 Wks: 6 No Class 2/18 4:05 - 5:05 pm
Hamilton Parsons Elementary $98 NR $104
(3402) Thur, Jan 30 Wks: 6 4:05 - 5:05 pm
Indian Hills Elementary $98 NR $104
(3403) Mon, Mar 16 Wks: 6 No Class 4/6 4:05 - 5:05 pm
Amanda Moore Elementary $98 NR $104
(3404) Tues, Mar 17 Wks: 6 No Class 4/7 4:05 - 5:05 pm
Washington Elementary $98 NR $104

BASKETBALL LEAGUE
(K-2nd Grade)

POLICY: Sorry, placement requests are NOT accepted in this league for any reason.
Skills & drills, techniques & games! Teams formed around evaluations. Schedules mailed after evaluation. Game times depend on enrollment. Games begin 9:00 am. T-shirt included.

Parent coaches are needed inquire when registering
Sat, Jan 11 - Feb 29 Wks: 7 No class 2/15
RMS Auxiliary Gym $60 NR $66

NOTE: Times below are for 1x evaluation day ONLY
(2000) EVALUATION Beg K-1st Grade 8:30 - 9:30 am
(2001) EVALUATION Adv 1-2nd Grade 9:45 - 10:45 am

GET UP AND GO!
HEALTHY KIDS RUNNING SERIES

MACOMB MI SERIES
Hosted by Romeo-Washington-Bruce Parks & Recreation
Washington Township Park
57900 Van Dyke Avenue
Washington, MI 48094
Coming Spring 2019
Sundays, Time TBA

SCORING/DETAILS
- Top placers in each race will receive points based on their finish.
- The boy and girl racer with the most points at the series' completion will win a trophy and prize.
- Medals will be awarded to every racer after the last race in the series.
- Race Bags will be distributed to all full-series participants.

For more information, please contact
Miale Westendorf at 586.871.5323 or
hksrnscom@gmail.com
Registration Opens Jan. 15, 2019 at
HealthyKidsRunningSeries.org

Girls Volleyball Program
Youth Skills Clinics
2-4th & 5-6th Grade
Another Great Team Sport for Girls!
Learn the fundamentals of volleyball while working on skills, drills & techniques each week.
All clinics held at Total Sports Park
(30 Mile & Powell Rd)

Session 1
Mon, Jan 6 - Feb 10 Wks: 6
(2030) 2nd & 4th Grd 6-7:00 pm
$75 NR $81

Session 2
Mon, Feb 24 - Mar 30 Wks: 6
(2032) 2nd & 4th Grd 6-7:00 pm
$75 NR $81

NEW! GIRLS VOLLEYBALL PROGRAM
### Youth Sports

#### Fencing
**Instructor:** Jeff Musson  
Fundamentals taught. Equipment provided. Ages 8 & up  
**INSTRUCTION:**  
- Wed, Jan 22  
- Wks: 10  
- (3300) 7:00 - 8:00 pm  
- (3301) 8:00 - 9:15 pm  
- Community Center  
- **ADVANCED:** Advanced Students Only  
- (3600) Wed, Apr 15  
- Wks: 8  
- 7:00 - 8:30 pm  
- Community Center  
- **INSTRUCTION:**  
- (3304) Wed, Apr 15  
- Wks: 8  
- 6:30 - 7:30 pm  
- (3305) Wed, Apr 15  
- Wks: 8  
- 7:30 - 8:30 pm  
- Octagon Barn  
- **FEE:** $78 NR $84

#### Tennis Lessons
**Instructor:** Susan Gavin  
Tennis lessons for the Beginner & Advanced. Bring a racquet.  
**MIGHTY HITTERS:**  
- (3320) Beginner  
- Ages 6-11 yrs  
- 5:00 - 6:00 pm  
- Washington Twp Park Courts  
- **FEE:** $82 NR $88  
- **JR. PLAYERS:**  
- (3321) Beg/Adv  
- Ages 12 & up  
- 6:00 - 7:00 pm  
- Washington Twp Park Courts  
- **FEE:** $82 NR $88

#### Archery
**Instructor:** Craig Gibbs  
Instruction for beginner to advanced. Great prep for the upcoming season. Sign up with your archer if you like! Equipment provided or bring your own. Ages 7 yrs to adult.  
**INSTRUCTION:**  
- (3304) Wed, Apr 15  
- Wks: 8  
- 6:30 - 7:30 pm  
- (3305) Wed, Apr 15  
- Wks: 8  
- 7:30 - 8:30 pm  
- Octagon Barn  
- **FEE:** $78 NR $84

#### Afterschool
**Indoor Golf Lessons**
**Instructor:** TGA Premier Junior Golf  
TGA teaches swing fundamentals, rules and etiquette of golf in a fun and nurturing environment while building self-esteem and rewarding achievement. Equipment provided including clubs that fit students of all ages and sizes. Safe & easy to hit new technologically advanced practice training balls. Financial Aid Available for those who qualify. For more information please visit www.playtga.com/semichigan or call Dave Robinson at (586) 489-8332.  
**INSTRUCTION:**  
- (3350) Tues, Jan 21  
- Wks: 6  
- No Class 2/18  
- 4:05 - 5:05 pm  
- Indian Hills Elementary - Gym  
- **FEE:** $109 NR $115  
- (3352) Tues, Apr 28  
- Wks: 6  
- 4:05 - 5:05 pm  
- Indian Hills Elementary - Gym  
- **FEE:** $109 NR $115  
- (3351) Tues, Mar 10  
- Wks: 6  
- No Class 4/7  
- 4:05 - 5:05 pm  
- Hevel Elementary - Gym  
- **FEE:** $109 NR $115

### ELDER LAW
**ELDER LAW = Taking Care of You**

**ESTATE PLANNING = Taking Care of Your Assets**

#### Know The Myths
Most people have a misconception about estate planning. First, they think it is expensive and unnecessary. Second, they assume an estate plan personally protects them for the rest of their life.

**Free Initial Consultation about Estate Planning & Wealth (Retirement) Preservation**

#### Our Attorneys Practice In The Areas Of:
- **Wealth Preservation**
- **Real Estate**
- **Wills & Trusts**
- **Lifetime Planning**
- **Adoptions**
- **Probate**
- **Bankruptcy**
- **Guardianships & Conservatorships**
- **Elder Law & Medicaid Planning**
- **Business Contracts**
- **Business Formations**
- **Veterans Benefits**

**Law Offices of Douglas C. Wozniak**
586-781-9190
51543 Van Dyke
Shelby Twp, MI 48316

[www.wozlaw.com](http://www.wozlaw.com)
National Flag Football
www.MichiganFlagFootball.com
For details call (248) 454-9700

Ran in cooperation with RWB Parks & Recreation. You must register on-line.
BOWLING

Bowling
Instructor: Summit Bowling Center’s Pro
Light instruction so you can bowl your way to that 300 score!!
Includes Shoes, 2 Games, Bumper Available. Ages 7-14 yrs
(3308) Tues, Jan 28  Wks: 8  4:30 - 5:30 pm
Summit Center  $60  NR $66

ICE SKATING

Suburban Ice - 54755 Broughton Rd, Macomb, MI 48042
Please call (586) 992-8500 for specific questions
*bring your own skates/blades or rentals available.
*CLASSES include a 25 Min practice before (or) after class.
Winter/Spring 1 - Jan 2 - Feb 13  *no class 1/9/20
Winter/Spring 2 - Feb 23 - Apr 2
NOTE: Session 2 class numbering: Use class number below and add on session number.
(i.e. Parent/tot session would be 2200-2)

Learn to Skate - Saturdays
All Ages
Youth & adults are taught basics skills. Skates/blades included.
(2274) Sat, Jan 25  Wks: 5
(2275) Sat, Feb 29  Wks: 5
(2276) Sat, Apr 4  Wks: 5
(2277) Sat, May 9  Wks: 5
12:00 - 12:45 pm  $60  NR $66

Learn to Skate - Thursdays
All Ages
(2278) Thur, Jan 9  Wks: 5
(2279) Thur, Feb 13  Wks: 5
(2280) Thur, Mar 6  Wks: 5
(2281) Thur, Apr 30  Wks: 5
5:15 - 6:00 pm  $60  NR $66

Preschool Skate Holiday Special Days
LUNCH, SKATE & BOUNCE
Ages 7 & Under
Bring your camera. Includes: Skate rental, snack & a drink. Parent must register also.
(2284) Sat, Jan 25  Frozen~ Elsa/Olaf  9:00 am - 12:00 pm
(2285) Sat, Feb 29  Baby Shark  9:00 pm - 12:00 pm
(2286) Sat, Apr 13  Easter Bunny  10:00 am - 12:00 pm
$10 NR $13 per date, per skater and/or skating adult

Preschool Skate & Bounce House (Rollers & Strollers)
Ages 7 & Under
Includes juice, snack and time for parents to skate with their tot to some favorite children’s music. All parents welcome:
street shoes (no registration fee) - skating parents, registers.
(2270) Sat, Jan 25  Wks: 5
(2271) Sat, Feb 29  Wks: 5
(2272) Sat, Apr 4  Wks: 5
(2273) Sat, May 9  Wks: 5
10:00 - 12:00 pm  $30 per child or skating adult  NR $36

PARKS & RECREATION
2020 PHOTO CONTEST
♦ Kids & Adults ♦ Submit Any Pictures Size ♦
• Show off your photography skills and your people!!
• We will be having an ongoing Photo Contest during 2020.
• We are looking for FUN & great pictures of Romeo-Washington-Bruce Parks & Recreation that involve our programs, events, parks & participants.
• Winner’s will be chosen each season and prizes awarded. Our hope is to use them in our brochure, on our website, Facebook and in our facilities.
• Please email entries to: peakes@rwbparks.org or drop them by our main office, 361 Morton St. 586.752.6543
THANK YOU... LANDSCAPE DIRECT
For your continued community support
Today’s businesses and families need flexible, responsive family-practice physicians who understand their needs. The Henry Ford Macomb Health Centers in Washington and Bruce Townships feature respected medical specialists and staff members to meet a variety of needs.

The Centers also offer diagnostic services, rehabilitation, urgent care (Bruce Township only), and more. When needed, your family has access to the advanced, region-leading medical experts and technology at Henry Ford Macomb Hospital in Clinton Township.

**BRUCE TOWNSHIP** (810) 798-8551
80650 Van Dyke, Bruce Township, MI
(just north of 37 Mile Road)
**URGENT CARE:**
Monday-Friday 8 a.m.-10 p.m.
Weekends & holidays 10 a.m.-6 p.m.
Reserve your spot online at HenryFord.com/SkiptheWait

**WASHINGTON TOWNSHIP** (800) 532-2411
(Located within the Orchard View Medical Complex)
12150 30 Mile Road, Washington Township, MI

For the Henry Ford physician or service closest to you, call (800) 532-2411 or go to henryfordmacomb.com.
### TOT PROGRAMS

#### Toddler Tunes
Instructor: Candice Rau
Have fun with your tot with music and movement while they build up their creativity, motor & social skills. Parent participation Required. Ages: 6 months - 4 yrs.

- **(3201)** Tues, Jan 14  Wks: 5  9:30 - 10:00 am
- **(3202)** Tues, Feb 25  Wks: 5  9:30 - 10:00 am
- **(3203)** Tues, Apr 14  Wks: 5  9:30 - 10:00 am
Community Center  $34 NR $40

#### Winter Storytime Adventure
Instructor: The Painted Pot
We will read Snowmen at Night then your young artist will paint their own snowman figurine. These will be a decoration to keep for a lifetime. Figurines will need to be heated in the kiln and picked up from the Community Center approx. 1 week after. Ages 2-4 yrs
- **(3204)** Thur, Jan 16  Days: 1  10:30 - 11:30 am
Community Center  $20 NR $23

#### Cupid Cuties
Valentine’s Day Party
Instructor: Melissa Milostan & Let Air Flow
Your toddler will enjoy a Valentine’s party of their own. We will play musical hearts for prizes, paint canvas art, face painting, decorate cookies to enjoy & more! Ages 2-4
- **(3205)** Thur, Feb 13  Days: 1  10:30 - 11:30 am
Community Center  $12 NR $15

#### Lucky Charms
St. Pat’s Day Party
Instructor: Melissa Milostan
Join us to make binoculars to search for leprechauns, play fun color match games, play in a sensory bin, and eat St. Patrick’s Day cookies! Ages 2-4
- **(3206)** Thur, Mar 12  Days: 1  10:30 - 11:30 am
Community Center  $12 NR $15

#### A Very Toddler Easter
Instructor: Melissa Milostan
The perfect Egg hunt for your toddler to gather filled eggs, and before we will play games for prizes and paint flower pots to plant their own flower to bring home. Ages 2-4
- **(3207)** Thur, Mar 31  Days: 1  10:30 - 11:30 am
Community Center  $12 NR $15

### SPORTS

#### SOCCER “4” Tots
Instructor: Parks & Rec Staff
This program designed for toddlers introduces the basics of Soccer through fun games and interaction with constantly changing activities that keep them focused. In the early stage of learning the game of Soccer, the main goal for the kids is to have an enjoyable experience learning the basics. Parents will work with their toddler as they develop skills in their own unique way. T-shirt included. Ages 2-4 yrs
- **(3209)** Sat, Feb 29  Wks: 3  9:00 - 9:45 am
Community Center  $34 NR $40

#### Parent & Tot Twilight Golf Nite
Spend a night of quality time with your little golfer. 9 holes & cart included in fee Ages 3-5 yrs
- **(3215)** Mon, Apr 20  Tee Time: 6:00 pm
- **(3216)** Mon, May 18  Tee Time: 6:00 pm
Pine Valley Golf Course  $28 NR $31

### INTERESTED in placing an Ad in one or all of our brochures?

**ADVERTISE WITH US!**

**586.752.6543**  russellc@rwbparksrec.org

**GIFT CERTIFICATES**

Always Make GREAT Gifts!

“SUPER” Splash Bashes
Jump off the diving board or have fun & float on a tube. If under 48” child must be accompanied by adult. Aqua diapers/plastic pants must be worn if not trained. **MUSIC & STROBE LIGHTS**
Friday, Jan 18 & Feb 7  7:30 - 9:00 pm  $3/person at door
RCS Pool 9th Grade Academy (Old High School)

**SOME EXCITING NEWS...**
Some GREAT changes and updates are planned for the RCS Pool! Renovations will begin in March, so the pool will be closed and reopen again this Fall.

### WEATHER POLICY
If Romeo Community Schools are closed due to inclement weather, all P&R classes held in their buildings are also. For programs held at our Community Centers and other locations, call **(586) 752-6543 ext 6** for updated info & cancellations.
This is a Breakdown of anyone who has registered with Parks & Recreation from 2007 to present.

### REGISTERED

<table>
<thead>
<tr>
<th>Location</th>
<th>Members</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allenton</td>
<td>493</td>
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</tr>
<tr>
<td>Almont</td>
<td>1,297</td>
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<td>New Haven</td>
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<td>Wash-Romeo</td>
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<tr>
<td>Misc</td>
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<td>9%</td>
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**Total members in RWB Parks & Recreation's RECPRO Registration System: 43,226**

### 2018 Participants Registered: 12,515

<table>
<thead>
<tr>
<th>Location</th>
<th>Registration</th>
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<tbody>
<tr>
<td>Almont</td>
<td>202</td>
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<tr>
<td>Armada</td>
<td>251</td>
</tr>
<tr>
<td>Bruce</td>
<td>2,931</td>
</tr>
<tr>
<td>OTHER</td>
<td>1,879</td>
</tr>
<tr>
<td>RCS</td>
<td>887</td>
</tr>
<tr>
<td>Shelby</td>
<td>402</td>
</tr>
<tr>
<td>Washington</td>
<td>5,963</td>
</tr>
</tbody>
</table>

**Total Programs Offered: 2,076**

WSp 851, Sum 697, Fall 828

### NOTE:

*Numbers do not reflect non registered opportunities. These include the Special Events, Festival activities, Parades, daily Senior Center(s) clubs, groups and activities where attendance is not recordable.*

*It also does not represent our Drop in Sports, League players, fitness center(s) daily scans, use of our Parks, Playgrounds, Pavillions, Tennis-Pickleball Courts, Walking Paths, Athletic Fields, Skate Park, Ice Rink & Sledding Hill.*

*(See breakdowns on the following page)*

### ADDITIONAL FACTS

*Data is from 2018*

- 13,587 Hrs of Field Reservations (Ballfield/Soccer)
- 3,615 Community Center Room Reservations
  - Romeo Site: 2,322 (1,601 P&Rec; 721 Community)
  - Wash Site: 1,293 (848 P&Rec; 444 Community)
- 16,550 scans occurred at our 2 fitness centers 2018
  - Romeo Fit Center 9,735
  - Wash Fit Center 6,815

### 2018 Registration Breakdown

- **Businesses**: 235
- **Ages 80+**: 1,275
- **Age 70-79**: 2,119
- **Age 60-69**: 1,602
- **Age 40-59**: 1,878
- **Age 20-39**: 519
- **Age 10-19**: 2,766
- **Age 0-9**: 2,121

<table>
<thead>
<tr>
<th>Gender</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>3,161</td>
<td>9,354</td>
</tr>
<tr>
<td>Online Reg</td>
<td>2,038</td>
<td></td>
</tr>
<tr>
<td>In House</td>
<td>10,477</td>
<td></td>
</tr>
<tr>
<td>Resident</td>
<td>9,824</td>
<td></td>
</tr>
<tr>
<td>Non-Res</td>
<td>2,691</td>
<td></td>
</tr>
</tbody>
</table>
WAIVER OF LIABILITY
** All Participants need to READ **
I agree & understand that as a condition of the use of any facility, park or participation within any program presented by the Romeo-Washington-Bruce Parks & Recreation Department, Romeo Community School or any affiliated group or individual associated with the above organizations I assume as a participant or parent/guardian of a participant all risks and hazards of engaging in or spectating at any organized or unorganized activity or facility, including assuming all risks for personal injury, death and property damage.

I also agree to hold the above, its staff, instructors, volunteers, officials, sponsors, partners or representatives from liability for any losses, damages or injuries that may occur in any way as a result of these activities or facility uses - regardless of cause.

Always be careful and let us know about any hazards or concerns you may see.

REFUND POLICIES
- A complete refund will be given if a program/trip is cancelled by our office.
- Refunds, will also be given before the 2nd class has met, however, after the 2nd class a prorated credit to your account may be given. Each case is looked at on an individual basis. A $3 service fee will be deducted.
- Sorry, No refunds on trips.
- Refunds for 1 day classes will only be able to be given if office is contacted more than 3 days prior to the program’s start date.

TRIPS  All trips are non-refundable
At time of register we must have each person’s Name, Address, Phone #, Birth Date, Emergency Contact and e-mail of ALL traveling. Adult supervision required if under 18 yrs.

RESIDENT & (NR) NON RESIDENT POLICY
RESIDENT: Any persons living within and paying taxes to the townships of Bruce or Washington, the Village of Romeo or Romeo Community School District. All others will be charged a non resident fee per program (fees are listed within each write-up)

FINANCIAL ASSISTANCE
Please call for details. A copy of your Earning from you tax documents is needed. If criteria is met, a child is eligible for $50 toward a program/season.

SENIOR DISCOUNTS
All qualifying adult programs will be marked when a senior discounts is available. 10% for 60+

PHOTO RELEASE POLICY
We take pictures at our programs. By participating in our events you recognize and agree that we may use these photo’s for further promotions.

WEATHER POLICY - Updates & Cancellations
If Romeo Community Schools are closed due to inclement weather all P&R classes held in their building are also. For programs held in our Community Centers or other locations, please call for updates. (586) 752-6543 x6

ROMEO SITE:  www.rwbparksrec.org
361 Morton St., Romeo, MI 48065
P&R Main Office  M-F 8:30am-5pm
(586) 752-6543 x2  (586) 752-1118 fax
Romeo Activity Center  
(586) 752-6543 x3  (586) 336-1853 fax
(586) 752-9010  (586) 336-3943 fax
M-F  8am - 3pm
Romeo Fitness Center
(586) 752-6543 x4  See days/hours Page 42
STAR Transportation
(586) 752-9010  (586) 336-3943 fax
M-F  8am - 4 pm

WASHINGTON SITE
www.rwbparksrec.org
M-F  8am - 4:30 pm
57880 Van Dyke, Washington MI 48094
Washington Activity Center
(586) 752-6543 x3  (586) 786-0662 fax
Washington Fitness Center
(586) 752-6543 x4  or (586) 232-4870

Remember to “Like” us on FACEBOOK!